

“ Lyttelton review ”

lyttelton harbour community update

www.lytteltonharbour.info

15 August 2011

E08

Lyttelton Community Garden

Where Everyone is Welcome

Wednesday could be just another ordinary day. Or, Wednesday could be the day to discover something special, and something new.

Many of our readers will know about the little Garden of Eden tucked into the hillside between Oxford Street and St Davids Street, and would have correctly presumed that we are referring to the Lyttelton Community Garden, sponsored by Project Lyttelton. Basking in sunlight above the Lyttelton Swimming Pool, the Community Garden is a treasured delight just waiting to be rediscovered.

Originally home to the Lyttelton Borough Council nursery, the site incorporated shade houses, garden sheds, storage rooms and for a number of years, successfully grew seedlings and plants for our local reserves. As policies and decision makers changed, so did the use of the site, until eventually it became surplus to Christchurch City Council requirements.

In 1974 George Ticehurst, a retired Lyttelton Fireman and his wife Nora Ticehurst had the foresight and generosity to gift the adjoining cottage house site at 58 Oxford Street to “Mayor Councillors and Citizens of the Borough of Lyttelton”. Through the Banks Peninsula District Council this additional land parcel was developed to create parking and green space for the Lyttelton Swimming Pool complex, with the balance of land incorporated into the nursery behind.

Created a number of years ago the Lyttelton Community Garden was born out of a need for healing. Over time as that need was met and new gardeners came and went, the Lyttelton Community Garden came under the umbrella of Project Lyttelton.

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“lyttelton review”

Lyttelton Review is a community newsletter initiative designed to keep harbour residents informed with what is going on. Learn about community groups; businesses; events; and everything in between. We are not affiliated with any particular group or organisation - just a group of vibrant like minded unpaid volunteers striving to give an independent, and uncensored voice. Here at the Lyttelton Review, we love news, ideas and information. If you have an event, topic, cause, or other, that you would like to share with the harbour community, then we would love to hear from you. Be heard, be seen, be informed - read it or offer it here:

infocentre@lyttelton.net.nz

Wendy Everingham
021 047 6144

Lynnette Baird
021 224 6637

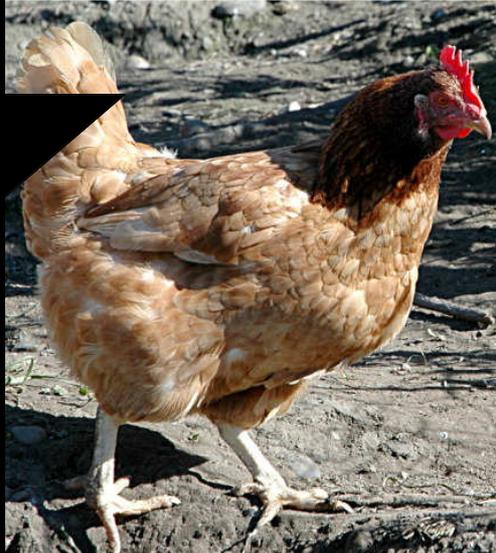
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Thursday Deadline
Published Monday

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.../ Continued from Cover Story

Today, with the help of a small army of dedicated and hard working garden volunteers the Lyttelton Community Garden is flourishing. With an overall concept plan in place, gardeners muck in whenever they feel like getting down to earth; to come and enjoy the sun on their backs; to take in the view across the harbour; or to enjoy the friendly gardening banter while releasing the stress from the week that has passed.

Offering a fully fenced area the Lyttelton Community Garden is ideal for parents to bring the children down to enjoy getting back to basics; to learn about food production; gardening; and to offer a country town style of natural education that many city children would be envious of. With child friendly experimental gardens; paths, tracks and stairs to discover; hens to admire and a sand pit to explore – parents find it is the children who bring them down to the garden!

Wednesdays from 10.00am is always popular with a regular group getting together for gardening; followed with a pot-luck styled shared lunch at 12.30pm – where the conversation ranges from gardening to politics and every day harbour life.

Young, old or somewhere in between, the Lyttelton Community Garden is open for all harbour basin residents to enjoy. No prior appointment is necessary, although it is worth while meeting up with Sue-Ellen Sandilands on the Wednesday gardening day to have a personalised tour of the gardens; to learn the ropes; to meet fellow gardeners; and to feel the lay of the land.

Hours spent in the garden are purely voluntary, and the benefits are exceptional:

- Satisfaction naturally gained from planting, weeding, pruning and better still harvesting;
- Taking home fresh, locally grown produce – because payment is by sweat equity;
- Learn about growing food, and minimising waste;
- Get a great night sleep from having worked a few hours in the fresh air;
- No therapist can coach happiness as greatly as a day in the garden can;
- No more expensive gym memberships – burn kilojoules and it doesn't feel like exercise;
- Make new friends – fill your day with fun and laughter;

So if you are at home and wondering what to do with yourself – there is no reason to be all alone. Head on over to the Lyttelton Community Garden and pitch in with some light gardening, or for the more energetic turn over some soil. In our view the Lyttelton Community Garden gets a ten out of ten for offering every resident, or harbour visitor, a gardening space to be involved in.

Open seven days a week, all year round, the Lyttelton Community Garden can be accessed from 54 Oxford Street – walk up the driveway between the playground and the swimming pool, then up the stairs to the left of the two story building. Please, remember to close the gate behind you. And have fun along the way. Lyttelton Community Garden office phone: 03 328 9243.

Macbeth in Lyttelton

Opening Night - 23 August

Macbeth is on the move! With the Loons venue out of action in the short term, the show will go on at the same times and dates, but at a new and stunning site in Lyttelton. Both the Loons and the Christchurch Arts Festival were keen to retain the performances in Lyttelton, but with no suitable venue available they have had to think outside the square – a concept everyone here is getting quite used to by now!

Macbeth will be performed in Lyttelton outside on the empty sites that pre-earthquake were the home to the Volcano Restaurant and the London Street Fish and Chip shop; located on the corner of London and Canterbury Street. Fear not theatre goers, you will not be expected to stand in the street under the elements, as the Loons are installing a three-walled, roof-covered tiered seating block with heating to ensure that you are cosy and comfortable, while the performance will unfold on the open site and rubble in front of you.

Performances will be on, come rain or fine. The Loons theatre company have been rehearsing on the new set over the past week, and from observations so far, it is going to be quite a unique experience for everyone and an amazing production. With one week before the season opens, the shows are over half full, so spread the word and tell your friends to book in now. It's going to be quite a unique event – and we can't wait!

Book on line: www.theloons.co.nz or phone 03 328 8230 - Tickets \$32

Let every man be master of his time.

Macbeth is one of the great tragedy themed plays by William Shakespeare. As drama abounds the themes illustrated include ambition, fate, deception and treachery.

***Double, double toil and trouble;
Fire burn and cauldron bubble.***

Three witches decide to confront the great Scottish General Macbeth on his victorious return from a war between Scotland and Norway. The Scottish king, Duncan, decides that he will confer the title of the traitorous Cawdor on the heroic Macbeth. Macbeth, and another General called Banquo, happen upon the three witches. These witches predict that he will one day become king.

***"Come what come may,
time and the hour runs through the roughest day."***

Macbeth decides that he will murder Duncan. Macbeth's wife agrees to his plan. Macbeth then murders Duncan assisted by his wife who smears the blood of Duncan on the daggers of the sleeping guards. A nobleman called Macduff discovers the body. Macbeth kills the guards insisting that their daggers smeared with Duncan's blood are proof that they committed the murder.

"If chance will have me king, why, chance may crown me."

The crown passes to Macbeth. More murders ensue and the bloodied ghost of Banquo appears to Macbeth. Lady Macbeth's conscience now begins to torture her and she imagines that she can see her hands covered with blood.

And so the play continues...

“ wanted ”

Lyttelton and Harbour Region Photos

Here at the Lyttelton Harbour Information Centre we are working to upgrade our website; to further promote the Lyttelton Harbour region.

Do you have any photos of the following themes that you would be happy to share with the community:

- Scenic Images
- Buildings Lost
- Time Ball Station
- Port Activity
- Visiting Ships
- Railway Activity
- Street Scenes
- Walking Tracks
- Quail Island
- Governors Bay
- Diamond Harbour
- Ripana Island

Images can be given to us either as a printed image that we can scan and return to you;
or

Supply us the image electronically via disk, USB stick or email us at:
infocentre@lyttelton.net.nz

The Lyttelton Harbour Information Centre exists on donations. So unfortunately we can not pay a royalty for any images, but we can supply web links and credit to the photographer.

Any images you can help us with, would be fantastic.

Our special thanks to:
Tuatara Tours
J & P Boyd
for the images sent in.

To find what you seek in
the road of life,
the best proverb of all
is that which says:
"Leave no stone
unturned."
- Edward Lytton

Every artist was first
an amateur.
- Ralph Emerson

You miss 100% of the
shots you don't take.
- Wayne Gretzky

Happiness resides
not in possessions
and not in gold;
the feeling of happiness
dwells in the soul.
- Democritus

People with many
interests live, not only
longest, but happiest.
- George Allen

The man is happiest
who lives from day to
day and asks no more,
garnering the simple
goodness of life.
- Euripides

Happiness is not a
state to arrive at, but a
manner of travelling.
- Margaret Runbeck



Community Group Funding

Local Options Available

Several community groups met in Lyttelton late July to discuss progress with community funding sourced for the earthquake. Chaired by Ruth Dyson the main topic of discussion was how can groups source the local funding that is available?

Lyttelton Lions have received some generous donations. To enquire about those funds please contact Dave Evans 379 6675 or okevans@xtra.co.nz.

Lyttelton Rotary also received a large sum from Port of Otago. To enquire contact Libby Ornsby. Phone 027 517 6914 or ornsbyjl@gmail.com.

Through a "donate to Lyttelton" initiative on the Project Lyttelton web site, Project Lyttelton have also received significant donations. To manage the funds donated for the Lyttelton Harbour, a funding distribution committee representing a diverse range of residents, has now been set up to distribute the funds. The Project Lyttelton funding committee will meet monthly. Applications submitted by the last Friday of every month will be discussed at the following funding meeting. Funding rounds will continue until the funds are exhausted. Please contact the Project Lyttelton Office for an application form 03 328 9243 or email office@lyttelton.net.nz.

To date some local funding has been used to support Lyttelton Community House to run the extensive elderly meals programme. Lyttelton elderly residents have been receiving cooked weekday evening meals since February. The Loons outdoor theatre is also receiving funding for infrastructure.

Garage Sale for Community

Grass Roots Fund Raising

Project Lyttelton are encouraging local community groups to help run the weekly Saturday morning Garage Sale from the Project Lyttelton building in Oxford Street as a means to generate more income. In essence, one or two members of your community group will be in attendance for the Saturday Garage Sale. You can use this as an opportunity to promote your group, and every dollar in sales for the day goes to your community group. Once again contact the Project Lyttelton office to register your groups interest 03 328 9243.

If you are cleaning out the house, shed or garage, and would like to donate any good unwanted items to the community garage sale, that would be fantastic. Items can be left in the silver shed at the top of the driveway, or phone the office and collection of items can be arranged 03 328 9243. Every cent raised through the garage sale, is directed back to the community.



Winter Wonderland

Let it snow, let it snow, let it snow!

Canterbury has braced itself for what now looks like be a snowstorm for the record books. Forecasters predicted a major storm was about to be unleashed across much of the country as frigid Antarctic air leaves the Ross Ice Shelf and heads across the South Island.

Harbour residents face days of snow, hail, sleet and gales before the bitter Antarctic blast starts to lose its sting around mid-week. Forecasters are warning more heavy snow overnight on Monday and Tuesday morning may cause further major disruption throughout the region, with power supplies stretched, roads treacherous and schools closed.

Snow lies 15cm deep on city streets and about 25cm deep on hill suburbs. With Met Service saying the risk of heavy snow was greatest Tuesday morning, with the chance of another half a metre of snow settling down to about 200 metres and another 15 centimetres accumulating closer to sea level.

Wednesday and Thursday look likely to be just a little bit warmer, with snow to 200m, and sleety elsewhere, but still with a few snowflakes floating past, but by that stage the Met Service are not expecting snow to be accumulating right down to sea level.

Local harbour resident John Everingham took these photos, with one overlooking Quail Island at the start of the snow storm on Sunday. Interestingly the cloud billowing above the tree line is not snow, but rather pollen spores being blasted into the air by the strong Southerly wind. If you have any photos of our winter wonderland you would be willing to share, we would love to hear from you. High resolution images preferred. Email us at infocentre@lyttelton.net.nz



“ recipe ”

Herb Muffins

Moist and delicious herb muffins, are great by themselves, or served with hot soup.

- 1 cup brown rice flour
- ¾ cup buckwheat flour
- ¼ cup soy flour
- 2 Tbsp sugar
- 3 tsp baking powder
- 1 egg
- ½ cup milk (or soy milk)
- 30g butter, melted
- 60g chopped fresh thyme, parsley and sage

Sift the flours, sugar, and baking powder together in a bowl. Make a well in the centre of the flour mixture and add egg, milk and butter.

Mix to combine and then stir in herbs. Spoon the batter into lightly greased muffin pans and bake for 10-15 minutes or until muffins are cooked when tested with a skewer.

Turn onto a rack and cool.

Makes 12.

Ingredients available:

Lyttel Piko
12 London Street
Lyttelton

Recipe From:

www.pikowholefoods.co.nz



Lyttelton Community Garden

Spring Film Series

The much anticipated annual Spring Film Series is about to get underway for 2011. Everyone is welcome, with entry being a gold coin donation.

- Where: The Portal, 54a Oxford St, Lyttelton
Walk up the driveway between playground and swimming pool, then head up the stairs located to the right of the building.
- Days: Monday evenings from 22 August - 19 September
- Time: 6.00pm - Shared pot luck dinner for those who wish
7.00pm - Film screening
- Entry: Gold coin donation

Monday 22nd August

DIRT! THE MOVIE : A Call to Action

Film tells you the story of the Earth's most valuable and under-appreciated source of fertility and takes you inside the wonders of soil. "When humans arrived 2 million years ago, every thing changed for dirt. And from that moment on, the fate of dirt & humans has been intimately linked." 80 minutes.

Monday 29th August

VANDANA SHIVA: The Future of Food and Seed

World-renowned scientist, feminist, ecologist and author presenting the keynote address at Organicology in Portland, Oregon in 2009. 60 minutes.

Monday 5th September

THE ECONOMICS OF HAPPINESS

Documentary about the worldwide movement of economic localisation. 50 minutes.

Monday 12th September

THE VANISHING OF THE BEES

Honeybees have been mysteriously disappearing across the planet, literally vanishing from their hives. Filming across the US, in Europe, Australia and Asia, this documentary examines the alarming disappearance of honeybees and the greater meaning it holds about the relationship between humanity and mother earth. As scientists puzzle over the cause, organic beekeepers indicate alternative reasons for this tragic loss. Conflicting opinions abound and after years of research, a definitive answer has not been found to this harrowing mystery. 90 minutes.

Monday 19th September

BACKYARD HIVE

Become a bee guardian. This evening is especially for those people who are interested in alternative beekeeping using the Top Bar hive in your backyard or in your community garden. 85 minutes.

November General Elections

Be Aware of the Referendum

General Elections will be held on Saturday 26th November. And this year there is a referendum taking place at the same time. The Referendum gives you the chance to have your say on the voting system we use to elect our Parliaments in the future.

In the Referendum, you will be asked two questions:

- The first question asks whether you want to keep MMP (which is the voting system we use at the moment) or whether you want to change to another voting system.
- The second question asks which of four other voting systems you would choose if New Zealand decides to change from the Mixed Member Proportional (MMP) system:
 - First Past the Post (FPP)
 - Preferential Vote (PV)
 - Single Transferable Vote (STV)
 - Supplementary Member (SM)

To understand these different voting systems, visit the Elections web site:

<http://www.referendum.org.nz/about>

At short notice, there is an information evening that will be facilitated by Pamela Dawson of the Electoral Commission this week:

Date: Wednesday 17th August
 Time: 7.00pm
 Where: St Andrews Church Hall, 148 Main Road, Redcliffs

The Lyttelton Harbour Information Centre are working toward hosting an identical evening to be held here in Lyttelton - and we will keep you informed of the details.

Gap Filler Project

Paint a Piano

Gap Filler are working with Christchurch School of Music who have offered old pianos to the Gap Filler project to paint and get out around the town on gaps or footpaths (with little covers if needed). The great news, is that Lyttelton has been given one to go on a site here in town.

The piano will be delivered to you for painting and then collected once completed and dropped on a suitable site in the township. We can supply the paint as well. A great chance to let your creativity run wild! If this sounds like something you would like to be involved with please let me know and we can hatch a plan.

An update on the Donald St Arts Precinct - a provisional business plan was submitted to the CCC for further consideration of the project in the upcoming Master Plan. We meet again with planners and property folk there next week to keep things moving along, and we will keep you posted on progress once we have some details.
 Trent Hiles - Phone 0211 728 373



“ poem ”

Snake Hunter

A snake hunter hunting
 snakes just for fun
 Thinks, "What will I do
 if I find one?"
 He thinks to himself,
 "I'll climb a tree"
 But snakes can climb
 faster than he

A snake hunter hunting
 snakes just for fun
 Searching and hoping
 he'll find some
 If he finds a slithering
 copperhead
 He vows to bludgeon
 until it's dead

A snake hunter hunting
 snakes just for fun
 Found some snakes
 basking in the sun
 A snake began to circle
 his walking stick
 A snake hunter hunting
 snakes has just quit

- Ellen

If you have a poem or funny thing you would like to share, just email us infocentre@lyttelton.net.nz or post it to us at the Lyttelton Harbour Information Centre PO Box 74, Lyttelton

“ poem ”

Mothers Love

There are times only
when a Mother's love
Can understand
our tears,
Can soothe our
disappointments
And calm all our fears.

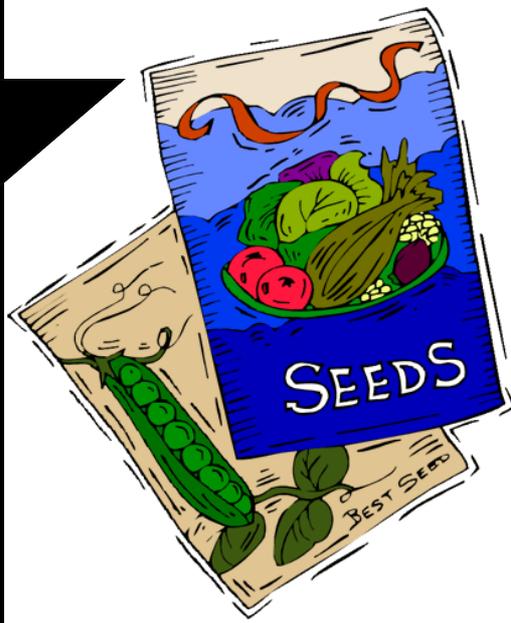
There are times when
only a Mother's Love
Can share the
joy we feel
When something we've
dreamed about
Quite suddenly is real.

There are times when
only a Mother's faith
Can help on life's way
And inspire in us the
confidence
We need from
day to day.

For a Mother's heart
and a Mother's faith
And a Mother's
steadfast love
Were fashioned
by the Angels
And sent from
God above...

- Michael

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funny thing you would
like to share, just email us
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Lyttelton Seed Swap

Drop or Swap Seeds - One Week Deal

Under the quote “Let’s Grow Lyttelton Beautiful and Bountiful” the lovely Elizabeth from the Lyttelton Library has had this great idea of sharing or swapping seeds. Any seeds!

A simple yet effect premise, here is the plan:

If you have any spare seeds, drop them off;
If you want seeds, come and collect them;
If you want to drop off seeds, and collect seeds too
- then that’s the whole Seed Swap idea!

A box has been set up in the foyer of the Lyttelton Library for people to drop, swap or take seeds. Ideally vegetable, fruit and flower seeds are good, but if you have bulbs or other ideas you would like to add, feel free to do so. As the quote says: Let’s Grow Lyttelton Beautiful and Bountiful !

Seed swap is active from Monday 22nd August to Monday 29th August.

White Bait Season

Season Starts 15th August

The whitebait season started on Saturday 15th August and again this year there will be rivers closed because of sewerage contamination due to the earthquake.

At the moment all of the Avon and Heathcote Rivers are closed to fishing. The Avon and Heathcote are expected to remain contaminated for several months as raw sewerage is still flowing into them, most likely through to the season end on 30th November. Environment Canterbury is doing regular water monitoring and the most up to date information is on their website: www.ecan.govt.nz

All other waterways including the Styx River, Waimakariri and Lyttelton Harbour are open. Follow the map for guidance on safe water areas.

Yellow = Closed to recreational use. High risk to public health due to discharge of untreated human sewage. No contact recreation in the yellow area (ie swimming, sailing, rowing, kayaking, surfing, wind surfing, fishing or collecting shellfish).

Blue = Normal water quality. Note that some rivers are normally not suitable for contact recreation and shellfish collection. Contact with water should still be avoided for 48 hours following heavy rainfall due to risk of faecal contamination.



A message from Canterbury District Health Board: anyone who notices people white baiting in the Avon or Heathcote River are encouraged to notify Community and Public Health on 03 364 1777 so these people can be reminded of the risk.

Painting and Drawing Class

Reserve Terrace, Lyttelton

A five week drawing and painting course for adults in Lyttelton, under the instruction of an experienced art tutor. An introduction to drawing and painting on Tuesday mornings from 10.00am to 12.30pm for five weeks. No drawing or painting experience needed, good stress relief and enjoy creative company and a beautiful view.

Start: Tuesday 30 August
Finish: Tuesday 27 September
Where: Reserve Terrace, Lyttelton
Cost: \$60 for the course including morning tea; or \$15 per session
Contact: Marijke Lups
Email: frowijnmarijke@yahoo.co.nz
Phone: 021 0231 9489

Yoga Class

Suitable for All Levels

Rebecca Boot (RYT) is a Yoga Alliance certified teacher. This is an international qualification that recognises over 20 years of yoga training. Rebecca has been teaching in NZ since 2000 and has been practicing Iyengar yoga since she was a child, she has studied with senior teachers in India, UK, Australia and US.

Rebecca is a Registered Nurse and Midwife, this extensive knowledge in health is applied systematically in both general and therapeutic instruction. Classes are safe and supportive, teaching is orientated towards gradual and steady progress. Emphasis is given to correct alignment, timings, sequencing and linking of yoga postures. Every student is encouraged to move at their own pace and postures are adapted in relation to any physical injury or condition. This is an integral part of Rebecca's teacher-student model.

Classes are offered at the Lyttelton Recreation Centre as follows:

General **Challenge and Enrich Yourself**
Bring your Mind, Body & Spirit together;
A Body Free from Illness.
Secure a Firm Physique that is Strong & Flexible.

Pregnancy **Gentle and Safe Exercise**
No prior yoga experience necessary.
Build strength and confidence for child birth.
Alleviate backache, cramps and heartburn.
Learn to use breath to overcome pain.
Ease the body through hormonal changes.
More rapid recovery after childbirth.
Meet other pregnant women.

Post Natal **For Mums and Babies**
Recharge your body and lift your spirits.
Suitable for babies up until crawling age.
Ease your body back into shape
Give you strength and bring balance into your life.
Suitable for all levels, from beginners to advanced.
Each session will include a 15 minute baby massage.

Casual rate \$14.00 per session; with discounts available for multiple classes taken. For class days and times, refer page "what's on weekly" page within this newsletter.

“ poem ”

My Best Friend

You've been there
for me, through the
good times and bad
I know I can
count on you
to be there
when I'm sad

Life without you
just wouldn't be right
I wouldn't be able
to get through
each day and night

When I've had
a bad day
I know that you're
only a call away
When life takes
that crazy turn
You are always there
to help me learn

We've had so many
good times together
I know we'll be best
friends forever
No matter where
we are, I know we'll
never be too far

You're my idol,
my sister, my friend
We'll be together
till the end
Even when we're
old and gray
You'll be here still,
to help me
get on my way

- Jenna

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“ the notice board ”

August 2011

Puffer Jacket, or similar, needed for Macbeth performances. Shabby condition okay. Boys size 16 or Mens Size Small. Urgently required.

- says Albi 03 328 8893

Free pet food is available for people who look after displaced or lost pets; or if you need pet food for whatever reason.

- says Paul 027 555 1292

Here at the Lyttelton Harbour Information Centre we want to beautify the front of our Porta-Com with a temporary and transportable garden. Does anyone have 2-3 20gallon steel drums [without the lids] that we would use as planters?

- says Wendy and Lynnette 03 328 9093

We are a family of four who are looking to house sit in Lyttelton from the end of October, or early November this year for at least two months. We are respectful of people's property and are willing to do work as a way of reciprocating. We are happy to keep your garden tidy and look after your pets. If you are interested email Jacinda on cins@paradise.net.nz or ring Gunter.

- says Jacinda 027 263 3592

Can You Help? Or How Can We Help You? If you can help out any of these people, or would like to include a request for our next newsletter, please contact us at the Lyttelton Harbour Information Centre. Phone 03 328 9093 or email us at: infocentre@lyttelton.net.nz

Spread the Message - Not everyone in the Harbour Region receives these newsletters, so please pass them onto anyone you think would be interested. We can also arrange printed copies for interested parties - just let us know.

What's Happening - A big thank you to everyone who emails us with what is happening in their part of Lyttelton Harbour paradise. If you have news, or belong to a community group, own a business - get in contact with us, we would love to promote or share your story with the Lyttelton Harbour district.

Errors, Omissions and Typos - are part and parcel of a volunteer service. These quirky additions are offered free for your amusement. But, if we have "got it wrong" - please just let us know.

“ community groups ”

August 2011

Lyttelton Harbour

Civil Defence	New members welcome. Meet first Thursday of every month, 6.00pm at the Lyttelton Recreation Centre. Next meeting September 1st. To become involved contact the Area Co-ordinator, Ken Maynard, on 03 328 9553.
Lyttelton Community House	Meals for the elderly continue to be prepared and delivered daily. If you know of any elderly residents who need this service, please contact Christine or Sheryl 03 741 1427.
Lyttelton Food Bank	Donations or collections can be arranged at: Lyttelton Community House, 7 Dublin Street, Lyttelton Lyttelton Harbour Information Centre, 65 London Street, Lyttelton Project Lyttelton, 54a Oxford Street, Lyttelton
Lyttelton Harbour Information Centre	Monday to Friday 11.00am to 3.00pm.
Lyttelton Time Bank	Monday to Friday, 10.00am-2.00pm. Either Bettina, Jen or Lisa will be available at the Lyttelton Harbour Information Centre, Monday, Wednesday and Friday 11.30am - 12.30pm. Or phone: 021 806 406
Lyttelton Youth Centre	Youth Centre/Community House, 7 Dublin Street, Lyttelton.
Plunket Playgroup	Now being held at the Lyttelton Recreation Centre, every Wednesday and Thursday 10.00am - 11.30am. For more details, contact Lisa York-Jones 03 328 8918 \$0.50 attendance fee to cover costs.
Project Lyttelton	The Portal, 54a Oxford Street, Lyttelton [located behind the Swimming Pool]. Office 03 328 9243.
Time Bank Garage Sale	All donations of good used, or new, household items greatly accepted. Please do not donate items that cannot be sold, as this increases our costs trying to take unwanted items to the charity barn, or worse still the rubbish depot.
Toy Library	Sessions are now on Thursdays each week from 7.30pm to 8.30pm at the Lyttelton Recreation Centre. For more details, contact Roz Jenkins 03 328 8552.
Volcano Radio	Currently - Off Air

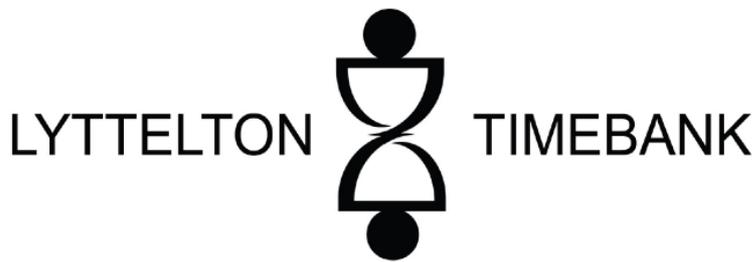
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“ Lyttelton timebank ”

August 2011



Connect with the Lyttelton Time Bank Team:
Bettina, Jen or Lisa : 021 806 406

Email: timebank@lyttelton.net.nz
Web: www.lyttelton.net.nz

Available at the Lyttelton Harbour Information Centre
Monday - Wednesday - Friday : 11.30am to 12.30pm

What is Time Banking?

Time Banking is a way of trading skills in a community. It uses time, rather than money, as the measurement tool. Members of a Time Bank share their skills with other members within the community and are given time credits for the work they do. With the credits they gain, each member can 'buy' someone else's time, and get the service they need.

Why Join Lyttelton Time Bank?

Time Banking adds a richness to Time Bankers' lives. As a concept it brings 'wealth', in the form of friendship, caring for one another, having our needs met from within our own community and getting help with things we can't do. Skills that are often taken for granted are valued - especially non-market economy skills - like mothering, basic home help and caring, friendliness, listening.

In Lyttelton as a result of the Time Bank we can see a tighter community forming. Friendships are forming between people of different backgrounds who would not usually have met. The elderly are being cared for and the skills they share are valued. Special needs people are encouraged to participate. Time Banking builds relationships and trust in a community. Everyone has something they can contribute to the wellbeing of the whole.

Everyone's Time is Equal

With Time Banking everybody's time is equal, no matter what type of work is done. 1 = 1. If you give one hour's work, you receive one hour time credit. If you have another member do one hour's work, they are paid one hour time credit. Every person is equally valued.

Here are a few examples of what Lyttelton Harbour residents are giving and receiving this week:

-  How about we start a film club, own to Lyttelton, but not just watching some films, also making documentaries, short films, stop motion, even features? - says Verschnaetti
-  Once a month a team of 13 people deliver the Akaroa Mail - the one with the Lyttelton News insert. What is needed, is for someone to distribute the bundles of papers to the delivery people. It takes about 1 1/2hrs and works most effectively with two people - one person driving and one distributing. Papers are delivered to Lyttelton on a Thursday about 6pm. A schedule of dates is available. - says Project Lyttelton
-  We got a brand new wireless router, which works fine on one laptop, but not on the other. We think it needs only a small tweak, but can't work out how. Can you help please? - says Bettina
-  I run a small private horse sanctuary in Heathcote. I have acquired some marvellous volunteers through Time Bank, but need some more please. On Tuesday and Thursdays I need an afternoon/evening adult, or adult accompanied teen, horsey person to watch over/feed seven horses, one pony and a pig. My hip replacement has been put forward to this Thursday 18th August, so am feeling quite desperate! Please give me a call or a text if you can help me? - says Melissa

Can You Help? Or How Can We Help You?

If you can help with any of these requests, or would like to include a request of your own, please contact the Time Bank team.

“harbour events guide”

August 2011

August

22	Dirt! The Movie	7.00pm	Community Garden Films	The Portal, 54a Oxford Street
22	Seed Swap	All Day	Runs for two weeks	Lyttelton Library
24	Macbeth	8.00pm	Loons Production	Book on line www.theloons.co.nz
29	Future of Food and Seed	7.00pm	Community Garden Films	The Portal, 54a Oxford Street
30	Macbeth	8.00pm	Loons Production	Book on line www.theloons.co.nz
31	Macbeth	8.00pm	Loons Production	Book on line www.theloons.co.nz

September

01	Civil Defence	7.00pm	Lyttelton Recreation Centre	Ken Maynard 03 328 9553
01	Macbeth	8.00pm	Loons Production	Book on line www.theloons.co.nz
05	Economics of Happiness	7.00pm	Community Garden Films	The Portal, 54a Oxford Street
06	Macbeth	8.00pm	Loons Production	Book on line www.theloons.co.nz
07	Macbeth	8.00pm	Loons Production	Book on line www.theloons.co.nz
08	Macbeth	8.00pm	Loons Production	Book on line www.theloons.co.nz
10	Bergli Wool Fun Day	10.00am	Bergli Hill Farmstay	Rowena MacGill 03 329 9118
12	Vanishing of the Bees	7.00pm	Community Garden Films	The Portal, 54a Oxford Street
17	Contra Dance Night	7.00pm	Lyttelton Recreation Centre	billandliz.baritomba@gmail.com
19	Backyard Hive	7.00pm	Community Garden Films	The Portal, 54a Oxford Street

October

23	Orton Bradley Park Fair	All Day	Orton Bradley Park	
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November

26	Art in the Park	All Day	Orton Bradley Park	
27	Art in the Park	All Day	Orton Bradley Park	

Lyttelton Harbour Network

For news, events, and what is open or closed around the Harbour Basin, don't forget to visit:

Diamond Harbour Information
Governors Bay Information

www.diamondharbour.info
www.governorsbay.net.nz

Expose Your Event by Adding to this List - just drop us an email at infocentre@lyttelton.net.nz or give us a call, with all the details, and we will add it here, absolutely free.

“ what’s on weekly ”

August 2011

Monday

Pilates	7.15pm	Lyttelton Recreation Centre	Jennifer Rice 03 328 7002 or 027 204 1224
Tai Chi / Qigong	10.30am	Lyttelton Recreation Centre	Geraldine Parkes 03 328 7284

Tuesday

Community Lunch	12.30pm	Community House	7 Dublin Street
Pre School Music Box	10.10am	Lyttelton Recreation Centre	\$3.50 0-5yrs Phone 03 941 5656
Story Time - PreSchool	11.00am	Lyttelton Library	Free every week
Yoga - General	9.30am	Lyttelton Recreation Centre	\$14.00 Rebecca 03 328 8889 or 021 071 0336
Yoga - General	6.30pm	Lyttelton Recreation Centre	\$14.00 Rebecca 03 328 8889 or 021 071 0336

Wednesday

Community Garden	10.30am	The Portal	54a Oxford Street
Plunket Play Group	10.00am	Lyttelton Recreation Centre	\$0.50 Lisa York-Jones 03 328 8918
Pre School Tumble Times	1.45pm	Lyttelton Recreation Centre	\$3.10 Phone 03 941 5656
Yoga - General	7.30pm	Lyttelton Recreation Centre	\$14.00 Rebecca 03 328 8889 or 021 071 0336

Thursday

Dare2Dance	7.30pm	Lyttelton Recreation Centre	\$5.00 Jan 03 328 8977
Plunket Play Group	10.00am	Lyttelton Recreation Centre	\$0.50 Lisa York-Jones 03 328 8918
Toy Library	7.30pm	Lyttelton Recreation Centre	Roz Jenkins 03 328 8552
Yoga - Post Natal	12.00pm	Lyttelton Recreation Centre	\$14.00 Rebecca 03 328 8889 or 021 071 0336
Yoga - Pregnancy	6.15pm	Lyttelton Recreation Centre	\$14.00 Rebecca 03 328 8889 or 021 071 0336

Friday

Story Time - Baby	10.30am	Lyttelton Library	Free every week
Yoga - General	9.30am	Lyttelton Recreation Centre	\$14.00 Rebecca 03 328 8889 or 021 071 0336

Saturday

Farmers Market	10.00am	Lyttelton Main School	Weekly shopping, so fresh
Time Bank Garage Sale	10.00am	The Portal	54a Oxford Street

Sunday

Combined Church Service	10.00am	Union Parish Church	40 Winchester Street, Lyttelton
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“ business directory ”

August 2011

Lyttelton

Acupuncture Therapy	Open	18 Oxford Street	03 328 9053	Robin Kerr
Bank of New Zealand	Open	56 London Street	0800 80 04 68	
Beauty by Carly	Open		021 294 5676	Carly Miller
Bells Pharmacy	Open	50 London Street	03 328 8314	
Christchurch Council Service Centre	Open	35 London Street	03 941 8999	Debbie/Patricia
Coastal Living / Picture Framers	Open	34 London Street	03 328 7350	
Coffee Culture	Open	18 London Street	03 328 7080	
Fishermans Wharf	Open	39 Norwich Quay	03 328 7530	
Four Square Supermarket	Closed			
Himalaya Design	Open	20 London Street	03 328 7600	Thurs-Sun
London Fish and Chips	Open	34 London Street	03 328 8819	
London Street Books	Open	48 London Street	03 328 80088	Thurs-Sun
London Street Dairy	Open	34 London Street	03 328 7358	Open 7 Days
Leslies Bookshop	Open	18 Oxford Street	03 328 8292	
Lyttel Arthouse	Open	15 Dublin Street	027 367 3363	Sat-Sun
Lyttel Beauty	Open	32 Voelas Road	03 328 7093	
Lyttel Piko	Open	12 London Street	03 328 8544	
Lyttelton Bakery	Open	34 Norwich Quay	03 328 9004	
Lyttelton Barber	Closed			
Lyttelton Harbour Information Centre	Open	65 London Street	03 328 9093	
Lyttelton Library	Open	35 London Street	03 941 7923	
Lyttelton Medical Centre	Open	18 Oxford Street	03 328 7309	
Lyttelton Physiotherapy	Open	18 Oxford Street	03 328 8111	
Lyttelton Recreation Centre	Open	25 Winchester Street	03 941 5656	
Lyttelton 'Top' Club	Open	23 Dublin Street	03 328 8740	
Mac Todd Solicitors	Open	24 Dublin Street	03 328 9992	
Min Sarginson Real Estate	Open	53 London Street	03 328 7273	
Mitre Tavern	Closed			
Portico	Open	48 London Street	03 328 8088	Thurs-Sun
Professionals Real Estate	Open		03 328 7707	
Project Lyttelton Office	Open	54a Oxford Street	03 328 9243	
Pulp Kitchen	Open	35 London Street		
Ray White Real Estate	Open		03 331 6757	
SAMO Coffee	Open	5 Canterbury Street		Open 7 Days
Sno Clothes	Open	23 Randolph Terrace	03 328 8584	Heather
Storm Hairdressing	Open	34 London Street	03 328 8859	Sally
The Irish Pub	Closed	17 London Street	03 328 8085	
The Loons	Closed			
The Stables Wellness Centre	Closed			
Volcano Radio	Off Air		03 328 8566	
Wunderbar	Closed			

“ business directory ”

August 2011

Governors Bay

Governors Bay Hotel	Open	52 Main Road	03 329 9433
She Chocolate	Open	79 Main Road	03 329 9825
Living Springs	Open	Bamfords Road	03 329 9788

Diamond Harbour

Orton Bradley Park	Open	Marine Drive	03 329 4730
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For news, events, and what is open or closed in Diamond Harbour, visit: www.diamondharbour.info

“ meeting venues ”

August 2011

Lyttelton

Lyttelton Harbour Information Centre	Boardroom	Open	60 London Street	03 328 9093
Lyttelton Recreation Centre	Meeting Room	Open	25 Winchester Street	03 941 5656
Lyttelton Recreation Centre	Trinity Hall	Open	25 Winchester Street	03 941 5656
Naval Point Yacht Club	Wardroom	Open	Naval Point	03 328 7029
Project Lyttelton	Meeting Room	Open	54a Oxford Street	03 328 9243

Governors Bay

Living Springs	Open	Bamfords Road	03 329 9788
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Diamond Harbour

Diamond Harbour Community Hall	Hall	Open	Waipapa Avenue	03 329 4119
Diamond Harbour Community Hall	Stage Room	Open	Waipapa Avenue	03 329 4119
Orton Bradley Park - Boardroom	Open	Marine Drive	03 329 4730	

“ accommodation ”

August 2011

Lyttelton

- **Dockside Apartments.** Three private apartments enjoying harbour views, now open and available for casual holiday or short term occupancy. Scenic and so close to London Street, this is an ideal option for friends or family to stay. Options range from studio; one bedroom or two bedroom apartment. Tariff from \$90 - \$120 per night. Phone Grant or Kathy on 03 325 5707 or view more details online www.dockside.co.nz.
- **Flat Mate.** Wanted to share sunny house with mature female and feline friend. Fully furnished, the north facing room is available at \$140 per week plus share of expenses being power, phone and wireless broadband. Great views and sunny aspect in an earthquake safe house. Available now. Call Michelle 03 328 8020 or 027 416 0625.
- **Flat Mate or boarders** wanted for short term family accommodation. Two furnished bedrooms available in large warm modern family home with parking and great views. Short walk to bus, London Street, and schools. Includes separate lounge and bathroom. \$150 negotiable per room, per week, plus expenses. Can include wireless and separate sky box. Meals and laundry could be provided if required, for extra. Phone Jan 328 8893 or 021 554 001.
- **Lyttelton Studio.** One bedroom studio flat in Lyttelton, available for rent from August 9th 2011. Just a short walk to London Street, and deemed very safe by EQC. Ideally suited for one person. Fully furnished; self contained; warm and sunny with a north facing aspect. Rent \$220 per week, plus power, phone and wireless broadband. Call Michelle 03 328 8020 or 027 416 0625.
- **Volcano Villa Bed and Breakfast.** A beautiful Victorian house built around 1900 and faithfully restored, is located overlooking the spectacular Lyttelton Harbour. Offering two spacious accommodation rooms, tasteful furnishing, television, with tea and coffee making facilities in your room. Relax and have breakfast in the elegant day room or enjoy coffee on the veranda watching the ships come and go in the port. Phone Nicky and Joseph on 03 328 7022 or view more details on line www.volcanovilla.co.nz.

“ accommodation ”

August 2011

Diamond Harbour

- **House for Rent.** Lovely four bedroom retreat available for cat lovers and conscious caring people only. Rent negotiable above \$300 per week for the right people. Email Paru at info@journeyessence.com for more details.
- **House Sitter Wanted** for warm and cosy two storey house, uninterrupted sea views, three bedrooms, two bathrooms, open plan air conditioned living and dining, modern functional kitchen. Available for house sitting, or nominal rent. Semi furnished or unfurnished with rent and duration negotiable. Contact Joy 03 329 4119.
- **House Sitter Wanted** We live in Diamond harbour and have to stay in Christchurch for a few weeks to care for our unwell daughter. We are hoping to find a person who would stay here and care for our two cats. If anyone would like a break on the sunny side of the harbour in a very warm sunny house please email Jo Mae jomae43@yahoo.co.uk
- **Orton Bradley Park** can offer self contained camper van sites for overnight stays. Services include 15 powered sites; treated drinking water; toilet blocks and dump site, with the golf club and tennis court next door. Fees start from \$15.00 per night for two persons, with additional adults at \$6.00 per night. Tent camping is not permitted, as we are unable to provide the facilities, and are unable to deal with waste water disposal. Contact 03 329 4730.
- **Waimarama Studio** available for rent. Short or long term stay. Two bedrooms, completely self contained, overlooking the garden and harbour. Very warm, clean and comfortable accommodation. Tariff \$200 per week plus power. View more details online www.bookabach.co.nz/2456 or phone Karen 03 329 3006.

Governors Bay

- **Governors Bay Bed and Breakfast** offers a place to relax and rejuvenate on nine acres to bush side paradise beside the harbour. Enjoy breakfast on the deck while listening to the native bird song. Furnished room with ensuite bathroom and separate sitting area also available for short term rent for those seeking emergency accommodation. For more details contact Eva on 03 329 9727, or view on line www.gbbedandbreakfast.co.nz.
- **Living Springs** offer an array of accommodation options from fully service private rooms, studios, twin rooms, shared bunkrooms to outdoor camping. Also available are some powered caravan sites. All rooms are clean, comfortable and well maintained for your relaxation. Contact Living Springs on 03 329 9788 or view more details on line: www.livingsprings.co.nz.