

# LYTTELTON REVIEW

OCTOBER 2020 • ISSUE: 265

PURAU • DIAMOND HARBOUR • CHURCH BAY • CHARTERIS BAY • GOVERNORS BAY • RAPAKI • CASS BAY • CORSAIR BAY • LYTTELTON

A circular stone window in a wall, looking out onto a landscape with a lake and mountains. The window is made of rough, weathered stone blocks. The view through the window shows a bright blue lake in the foreground, with rolling hills and mountains in the background under a clear blue sky. Several power lines are visible across the scene.

## In This Edition:

- Orton Bradley Park
- Heritage Festival 2020
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**Next Issue print date:** Issue 265, 3<sup>rd</sup> November 2020.

**Content Deadline:** 5pm 30<sup>th</sup> October 2020.

A new contributor, Melanie Karst. A local with great photography skills. Watch out for more cover pics from Melanie.

## The Review

Is a Lyttelton Harbour Information Centre initiative designed to keep our community informed with what is going on around the harbour. It's also an opportunity to showcase the people and places that other wise would go under the radar. Our community connections ensure we know what's going on in the wider community and can share the news with you all.

A big thank you goes out to all the contributors and our funders Rata Foundation and Christchurch City Council Strengthening Communities who enable the hard copies to be printed each edition. Similarly to Wendy Everingham for writing and editing and Jenny-Lee Love for design and production.

If you have any local events, news or stories you would like included we'd love to hear from you.

### Wendy Everingham

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Content Deadline: 5pm Friday

Similarly if you would like to join our directory or have any advertising questions please contact

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**[www.lytteltoninfocentre.nz](http://www.lytteltoninfocentre.nz)**

## Christchurch urged to start saving water now

Christchurch residents are being urged to start watching their water use as demand on the city's water supply network ramps up early. The city's water demand is already trending higher than the previous five years, with an extra 700 million litres used over the past three months.

The seasonal outlook from the National Institute of Water and Atmospheric Research (NIWA) indicates the current warm and dry trend is likely to continue until at least the end of the year.

"Starting now, we need residents to be mindful about how much water they're using outdoors," says Council Head of Three Waters and Waste Helen Beaumont.

"Unattended sprinklers and incorrectly set up garden irrigators use the most household water by far, so we're asking people to check how long they're watering for.

"Three to five minutes every second day is enough to keep plants in good condition throughout the summer months. Hand-watering with a hose or watering can is even better because it's much more accurate, and watering when it's cooler before 7am or after 9pm means the water is absorbed by the soil instead of evaporated by the heat."

Ms Beaumont says if people water wisely, the city might be able to get through the summer without the need for water restrictions.

"If we do need to impose restrictions, it won't be because we're at risk of running out of water; it'll be because we need to ease the pressure on the water supply network.

"When it gets really hot we struggle to get water through the pipes and into the reservoirs fast enough to meet the extraordinary demand. If we can't keep the reservoirs filled, the pressure drops across the network.

"It also leaves us exposed in the event of a fire, because having enough water in the reservoirs is essential for fire-fighting.

"This spring and summer we're hoping residents play their part to help us manage the peak demand on the city's water supply network.

"We'll be doing our best to lead by example as much as possible on our parks and sports fields, and we'll keep reminding residents over the coming months as part of our 'Water like you oughta' campaign starting soon."

*Article CCC Newsline*



**Have you seen the website**

## Information Centre update – Orton Bradley Park

Just across the Harbour from Lyttelton in Charteris Bay is the beautiful Orton Bradley Park. Reopening all its tracks Mid October after the lambing season you can explore the 650ha of rural property, it goes from sea to hills and contains a stunning 160 varieties of trees from around the world. Some of you may have been there, others may have it in the 'to do' list, either way it is always a superb place to visit for green adventures, heritage, and peace and quiet! It has something for everyone.

**Adventure:** 25kms of walking tracks ranging from a stroll through rhododendrons, a forest walk to waterfalls or up to the peak of Te Ara Patika/Mt Herbert. The park has a huge adventure play area with flying fox and a bike pump track suitable for even the newest of riders. The stream that runs down the mountain through the park offers paddling and water exploration. You can stay overnight all year round in a self-contained camper vans and camp during the summer school holidays. The large hall and kitchen facilities have been used by many a wedding and school/adventure group.

**Heritage:** Reverend Bradley bought the land in 1859 and with his sons continued farming. When he died in 1892 Orton inherited the land. Leaving the farming side to his brother he focused upon his passions, Science and Ecology. He is considered a pioneer in the field of ecology and recognised the vital role that trees play in any ecosystem. He realised that a robust ecosystem needed

a diverse habitat and began growing and planting many exotic trees from around the world, not just in the park but across the Peninsula. That is why a walk through the park can take you around the world.

Did you know that the oldest Stone Cottage in Canterbury stands beautifully restored in the park? Built in 1855 'The Stone Cottage' stands in the cluster of buildings that make up the small built up area of the park. A restored water wheel that was designed and built by Orton Bradley to generate power to the house and sawmill is lovingly cared for by the volunteers of the park. A fernery and cottage, that now houses the Café, sit alongside a dovecote and loyal dogs' gravesites.

**Relaxation:** Lying back on the grass under the shade of the trees, watching the clouds scudding by as the stream chatters rolling over rocks and stones...sounds pretty good to me especially if a picnic is involved! Alternatively, head to the café for someone else to do the catering, as it re-opens 14th October.

Orton Bradley holds its Spring Fair on Sunday 25th October and is always an enjoyable opportunity to eat and shop very locally surrounded by the beauty of the park. If you don't make it for that put it on the list for the summer, \$5 for adults and \$1 for children with a maximum of \$10 per car is well worth the cost which goes towards looking after this slice of green and all the treasures it holds. For further information about the park look on their website or The Information Centre Website.

*Article Ruth Targus Lyttelton Information Centre Manager*





## Christchurch Heritage Festival 2020

### *Harbour Events*

There are a couple of interesting Christchurch Heritage Festival Events around the Harbour at the end of the month. Linked to this festival is also the annual Orton Bradley Park Fair. Enjoy Spring and enjoy getting out and about visiting interesting places around our harbour.

### *Sifting the Ashes - The Great Fire of Lyttelton 1870*

The Great Fire of Lyttelton occurred 150 years ago on 24 October 1870, when a fire started behind the Queen's Hotel on the corner of Oxford and London Streets.

The fire spread quickly despite the desperate efforts of the local fire brigade, destroying the greater part of the township's commercial area.

This exhibition will cover the origins and progress of the fire, the attempts to control it (including contemporary fire-fighting methods), and the aftermath of the fire as the damage and losses were assessed and the town rebuilt.

It will showcase the primary sources from Christchurch City Libraries which were accessed to research this exhibition.

#### **Lyttelton Library**

**October 20 – Nov 14 Free Event**

### *One Part Art, One Part Fashion - A celebration of the works of Fanny Buss*

Enjoy a display of works by Francis Cresswell also known as Fanny Buss, at the historic St Cuthbert's Church.

The display includes dresses produced by Fanny Buss studios, paintings and the books she illustrated charting her involvement in the arts and her appreciation for

local history. Francis Cresswell lived for many years in Governors Bay and is buried at St Cuthbert's. 2020 marks the 110th anniversary of her birth.

St Cuthbert's itself is an historic church built in 1860 and fully restored after significant earthquake damage.

#### **St Cuthberts Church**

**8 Governors Bay Teddington Road Allandale**

**Oct 24-26 10pm to 4pm**

**31 Oct – Nov 1 10am to 4pm Free Event**

### *Orton Bradley Spring Fair*

The Spring Fair showcases Orton Bradley Park and its heritage. Explore the walking and biking tracks, have a go on the high ropes course, see the vintage machinery working, visit the heritage buildings, and stroll through the rhododendron garden. Activities for children. Something for everyone!

Tickets on sale on the day - Adults \$10, Children Free.

Dog free park. Free paddock parking on site. ATM on site and EFTPOS at the gate.

The Fair is held subject to weather and ground conditions, and Covid-19 Alert Level 1

### *Getting there*

Take the ferry from Lyttelton across to Diamond Harbour, where a free shuttle will run to Orton Bradley Park and back again throughout the day. Visit the Black Cat website for ferry times and charges.

The shuttle leaves Diamond Harbour Ferry car park bound for Orton Bradley Park at 10am, 11am and then every 30 minutes. The last shuttle leaves from the ferry car park at 2.30pm. Church Bay stops available – outside Min Real



Estate on the way to the park and outside "On The Spot" store on the way back to the ferry.

Shuttles leave Orton Bradley Park to connect with the Diamond Harbour Ferry 20 minutes before ferry sailings from 11am to 5pm.

**Sunday, Oct 25th from 10am - 4pm**

### *En Plein Air - Margaret Stoddart's Diamond Harbour*

Take a guided walk around Diamond Harbour, hear stories about the people, the places and paintings which connect past and present. See reproductions of familiar and lesser-known paintings by Margaret Stoddart. Finish with cream tea at Stoddart Cottage.

A reasonable level of fitness required for walking on hillsides. Wear suitable shoes with good grip.

A fundraiser for Stoddart Cottage collection.

Booking required. Email [info@stoddartcottage.nz](mailto:info@stoddartcottage.nz)

**Stoddart Cottage 2 Waipapa Avenue Diamond Harbour \$20pp**

**31 Oct 2020 10am to 2pm**

**8 Nov 2020 10am to 2pm**



*Stoddart sisters on steps of Godley House, Diamond Harbour (now demolished)*

# Crowds Voted with their Feet

## Farmers Market Success

Lyttelton Farmers Market is such a well-loved event on a Saturday morning. The 15th birthday celebrations were no exception. While stallholders have come and gone over the years so has the team that manages it week in week out. Some things however haven't changed and that's the community feel, local musicians and the buying and selling of local food, key ingredients to the success of it all.

The 15th birthday can be summed up nicely by one of the vendors. "Today was even better than Christmas"! While the vendors enjoyed the buoyant trading some of the old and new organising team from Project Lyttelton reflected on things.

Duncan Wilcox is one of the original founders of the Lyttelton Farmers Market back in 2005. After moving away from New Zealand for seven years he returned to live in Lyttelton last year and he's back on the organising committee. "I think the market is even more impressive now". He reflects that in the early years the Lyttelton Farmers Market was one of the few around. "Today there are 42 markets around New Zealand and this one is certainly going strong". Having been abroad for so long Duncan has been inspired by his travels and has come back with even more ideas to improve what's on offer at the market. Stay tuned!

Duncan's partner Alex Hallat was also in the original team who began the market. Alex's design skills created the original logo. For this event she got her hand in again and developed the great poster that advertised this party. Alex is also very proud of what the market has achieved over the years and according to her the market is Duncan's life's best work!



Sue-Ellen Sandilands

Sue-Ellen Sandilands really deserves a medal. She is the only original organiser who has been with the market the entire time! "I counted just how many markets that is and came up with a total of 772 markets". For Sue-Ellen the highlight over the years was moving the market to London Street. That move really played a key role in revitalising the township after the devastation of the 2011 February earthquake.

Kerry Donnelly has been a welcome face at the market since the move to London Street. He really loved the idea of all the logistics around having to set up an event on the main street each week. To this day he's the main site

organiser. Luckily, he's helped by a great team of locals. Wi Peepe has been alongside most of the time. They are both very proud of what's been achieved.

Claire Coates is the newest member of the organising team. As the former Project Lyttelton events coordinator, she has moved to this role easily. "I love being part of creating a weekly event and one that has real meaning and serves so many useful functions in our community".



Wi Peepe and Kerry Donnelly

For myself the Farmers Market is just another successful Project Lyttelton project that I've helped create and then passed on to very capable hands.

Happy Fifteenth Birthday Lyttelton Farmers Market.

**Note: The original team at the Farmers Market was Duncan Wilcox, Margaret Jefferies, Wendy Everingham, Sue-Ellen Sandilands, Anne Skelton and Jo Blair from the then Banks Peninsula District Council. Alex Hallat did the design work.**

Article Wendy Everingham Lyttelton Review



Some of the original team: Sue-Ellen Sandilands, Wendy Everingham and Duncan Wilcox.

## Original Stallholder Stories

### Duncan Wilcox

To celebrate the 15th birthday Duncan interviewed some of the original stallholders for the Farmers Market Newsletter. He kindly agreed for them to be republished in the Lyttelton Review.

### Craig Minehan Hope River Pies

Bit of History - When Craig returned from Melbourne in 1996 he opened a restaurant in Merivale but it was not in the best location and lasted about 3 years. He then saw an old bakery and cafe up for lease in New Brighton & took that on & named it the Bridge Street Bakehouse. He inherited some pie recipes (bad recipes he says) from the previous tenants & started working on his pie repertoire.



Then came the earthquakes and the Bridge Street Bakehouse lasted a year before CERA condemned the building, so Craig was a bit of a one man, wandering baker band...scrambling for places to bake for the markets he served. In 2017 some newly renovated space opened up in Lyttelton proper so Craig moved his business there (he lives in Lyttelton) & that is where he & his crew operate today as Hope River Pies.

Stats - Craig has eight staff members (four are full-time) to do the pie-making & baking and to serve the four markets ( Lyttelton , Ohoka , Christchurch (Deans Bush), Mt. Pleasant ). His pies are also available at a variety of retail places in Christchurch & surrounds (Piko, Harbour Co-op, Yumm Foods, Reality Bites (Rangiora), Penny Black Tearooms, The Serious Sandwich & The Coffee Fans) and his bakery shop is open on Wednesday, Thursday, Friday and Sunday to satisfy your pie cravings.

Hope River Pies typically have 12 pies on offer at any given time, with the steak pie taking out the #1 spot, but surprisingly the veggie pie lands @ #2. They start on Thursday baking for the markets & begin with the family pies of which they make about 110-115, and then bake the small individual pies on Friday.

Craig really likes the pie business vs. his previous restaurant life where there's intense activity and then nothing. Pies are steady as you go effort plus they are a blank canvas to play with, and you can eat one out of a paper bag or put it on a plate with some salad and a side and make a nice meal out of it.

Craig really likes the Lyttelton Farmers Market as it has a real local focus, its neighbourly feel and the ethos as to how the market is run & its vital link to the community.

### Graham & Amy Vic's Breads

Bit of History - Graham trained in hospitality in England, then did a stint in London, emigrated to Australia and finally ended up in Christchurch NZ where he had a small commercial kitchen above a WestPac bank in Merivale.



The bulk of his business early on was supplying food to his mate's Merivale Health Foods but then chef Phillip Nordt (The Club) approached him with a recipe to make focaccia as the bread scene in Christchurch was at the time almost non-existent. He gave it a crack & after that success, Martin @ Traiteur European Butchery asked him to make ciabatta and the rest is sort of history. Pretty soon Graham was making breads for most of the cafes in Christchurch.

He was dealt a serious blow when the Merivale Health Foods sold up as that was 75% of his business. So casting around for a new idea he spotted that the lease was up on Vic's Cafe (1999) on Victoria Street (the owner wanted to move as he was getting too many tourists!), so he combined the cafe & bakery on that site which was a bit stressful as they baked all night & then had to clean the mess up for the cafe to open. He then spotted a space in Ferrymead that fit his baking needs like a glove, so he moved the whole bakery in one day - didn't miss a day. Graham's philosophy is pretty straightforward - to make good bread, you have to put good stuff in to get good stuff out which is how he still operates today.

Stats - Vic's has 30-35 employees across Vic's Bakehouse in Ferrymead and the cafe. His daughter Amy has been involved from the start - beginning as front of house & a kitchen hand at the cafe, but now managing the office & doing the Lyttelton Farmers Market (12 years!). They bake on average 24 or more types of breads and as new bakers have come onto staff; new items continue to be added. They start baking for the Lyttelton Farmers Market @ 10am Friday morning & bake till the van leaves the bakery for the Lyttelton Farmers Market (some of the loaves are still warm @ the market).

Graham still gets excited about trying new ideas & one he is keen to give a go is cheese toasty sandwiches which he saw at the Borough Market in London. The value of the Lyttelton Farmers Market to Graham and Vic's has been 'huge' he says - making up about 10%+ of his sales. He really likes the LFM & thinks the site is amazing & all the people are great!

**Lois, Sue & Jane - Volcano**

Bit of History - Lois used to own and run (along with Pete) the infamous Volcano restaurant & Lava Bar, Lyttelton iconic institutions missed by all. Lois lived abroad for many years, including a decent stint in Mexico where she & most people did their shopping at open markets. As this was in the 1970's & 1980's, supermarkets really had not come into the presence they have today and in many less developed countries open markets are still the main food source.



Lois oglvie

While she was away, Lois got the idea of doing a market stand once she was done and dusted with the Volcano. It was a more relaxed way to stay involved with food and make a bit of dosh. She could not do it while running the Volcano, so she partnered with Sue Instone (who also worked at the Volcano) to run the stall at the Lyttelton Farmers Market, their first market.

Then the earthquakes put a sad end to the Volcano and Lava Bar, so Lois joined Sue to support their growing market presence and Sue built a commercial kitchen in her garage to replace the loss of the Volcano kitchen.

Stats - The Volcano stand can be found at the Lyttelton Farmers Market, Ohoka Farmers Market, Opawa Farmers Market, Christchurch Farmers Market (Deans Bush), Mt. Pleasant and the Columbo.

The products you will find on the Volcano stand include 40-50 different types of marinated olives, marinated artichokes & sun dried tomatoes, 6 dips, 2 salad dressings,

paté, garlic aioli, sweet chilli & red pepper sauce, herb mayo and last but not least, the beloved soups.

Olives are a Volcano stand mainstay (blue cheese stuffed ones being a crowd fave) and Lois & Sue use imported olives and have actually imported some olives themselves. They say they do that because New Zealand does not



Sue Instone and Jane Purdue



have the right climate, experience, expertise or variety to grow the olives they need for their stand. Most NZ olives are grown for their oil and though they do have great flavour they are not as meaty as the imported ones.

Both Lois & Sue like the Lyttelton Farmers Market for its regular & local customers that they see each week, it is a very friendly market vis a vis other vendor and it just has a good vibe. They would like to see some more stalls & a bit more variety, but they are quite aware of the difficulty in finding growers.



## Ballroom Dancing Returns

### *First Class Free*

As the Lyttelton Recreation Centre evolves into a community centre, more and more diverse activities are becoming available locally to harbour residents. The latest is Ballroom Dancing. Janita Clark is to start teaching in our Port township from October 19th. The first class is free.

The Review team sent her some questions to find out all about her new classes.

### *How long have you been teaching dancing?*

I have been teaching since 2018 and have qualified in Ballroom and New Vogue styles, currently studying to qualify in Latin. I adjudicate at local competitions and am also a qualified scrutineer through the British Dancesport Council.

### *How do the classes work?*

*Ie: do you need a partner? What age group are you targeting? Do you need special shoes? Is the dancing purely social? Do you need to book for a term, or can you do one off classes?*

We cover mainly ballroom and Latin in the classes with a little bit of New Vogue. Ballroom covers Waltz, Tango, Foxtrot, Quickstep and Viennese Waltz. Latin covers Cha Cha, Samba, Rumba, Jive and Paso Doble. New Vogue is sequence dancing using ballroom figures and ballroom music, so based on the Waltz, Tango, Foxtrot. We teach at the pace that the student learns at in a fun friendly environment.

The class is aimed at adults so anyone from the age of 16 can come along. Most of our students are 35+ and we even have some students in their 80's.

You don't need special shoes to start with but if you want to develop your dancing further down the track it is advisable to get some proper dance shoes. These can be purchased at reasonable prices these days starting from about NZ\$40 up to top of the range ones that cost about \$260.

The classes that we are starting are for those interested in purely social dancing, however for those interested in further development we offer private lessons by arrangement. I can also do coaching for competitive dance and there is the opportunity available for amateur dancers to sit a medal exam. Medal exams give feedback to dancers on their progress, these are entirely optional, and I don't put any pressure on anyone to do these.

Recreational competitive dance is becoming popular in NZ as it doesn't require the expensive dresses and suits and



beginner dancers can enter to these competitions to get a feel for competing and see if they like it or not. The recreational events can be danced in normal tidy street attire.

You don't need a partner to come along to the class, but it is good if you have one. I have my husband come along who also has a lot of dance experience who helps partner those who don't have a partner.



### *Date and Time of the classes.*

The class starts on Monday 19th October 7.30pm at the Lyttelton Rec Centre in the Trinity Hall.

### *Fees plus do you need to book for a term, or can you do one off classes?*

The cost is \$15 per person per class or you can prepay for a 10-class concession card which is \$120. If a couple is purchasing a concession card, then they can share the card and not have to purchase 2 cards. You don't have to book for a term, and we do run classes during the school holidays and on public holidays if the class participants want the class to run.

### *Anything else you would like potential students to know?*

I have 27 years dance experience and love the reward that I get from teaching people to dance. It is a real reward for me when I see my students happy and smiling and enjoying their dancing. I see dancing as something for everybody, no matter your age, shape or size. If you are happy then that is all that matters. Dancing is great for your mind and body and dancing has been proven to help reverse signs of aging in the brain. We break down figures into bite size pieces so that they are easy to learn and in every class I like to give some one on one tuition to each student so that we can work on anything that they need help with. I also teach classes in Prebbleton and Russley. I am passionate about ballroom dancing, it is a beautiful art and I want to spread my knowledge to help build this beautiful, graceful form of dancing in Canterbury.

### **If you'd like to sign up for classes or want further information Janita's details are:**

Mobile: 021 0233 7918

Email: [janitaclark@xtra.co.nz](mailto:janitaclark@xtra.co.nz)

Facebook: JBC Dance Christchurch.

*Article Lyttelton Review*

# Keeping the Plight of Seafarers in Our Minds

**This is not a new story; many seafarers are still unable to get off their ships. Some have been at sea for over a year!**

Lyttelton Seafarer's Centre is still actively working to help these men and women. Reverend John McLister is the key contact for the seafarers who cannot get home because of COVID-19 maritime restrictions and border closures. John is part of "The Mission to Seafarers" and his organisation has been designated as essential workers, providing welfare support to crews in ports around the country.

"I'm so conscious of the mental health of the seafarers in normal times let alone during COVID -19 where it's particularly fraught due in part because crew changes just aren't able to occur", he said.

John says a seafarer spends, on average, nine months at sea. At the end of the nine-month period, and under normal circumstances, new crews would arrive to relieve those on board. However current COVID-19 restrictions and border closures globally mean that contracts are ending, and crews can't get home – or even step foot on land.

To make life a little easier, John with the help of the Port Company has enabled the seafarers to contact families with the provision of wifi. He is also able to drop of treats and groceries.

## What can you do to help?

As a member of the public you can make a real difference to the lives of these trapped seafarers by dropping off treats to the Seafarer's Centre on Norwich Quay.

"Potato chips, Doritos , biscuits, chocolate blocks, are little luxuries that show these crews that we do care".

"A one-off donation would also be most appreciated". The Lyttelton Seafarer's Centre is a registered charity. Contact John McLister for further information.

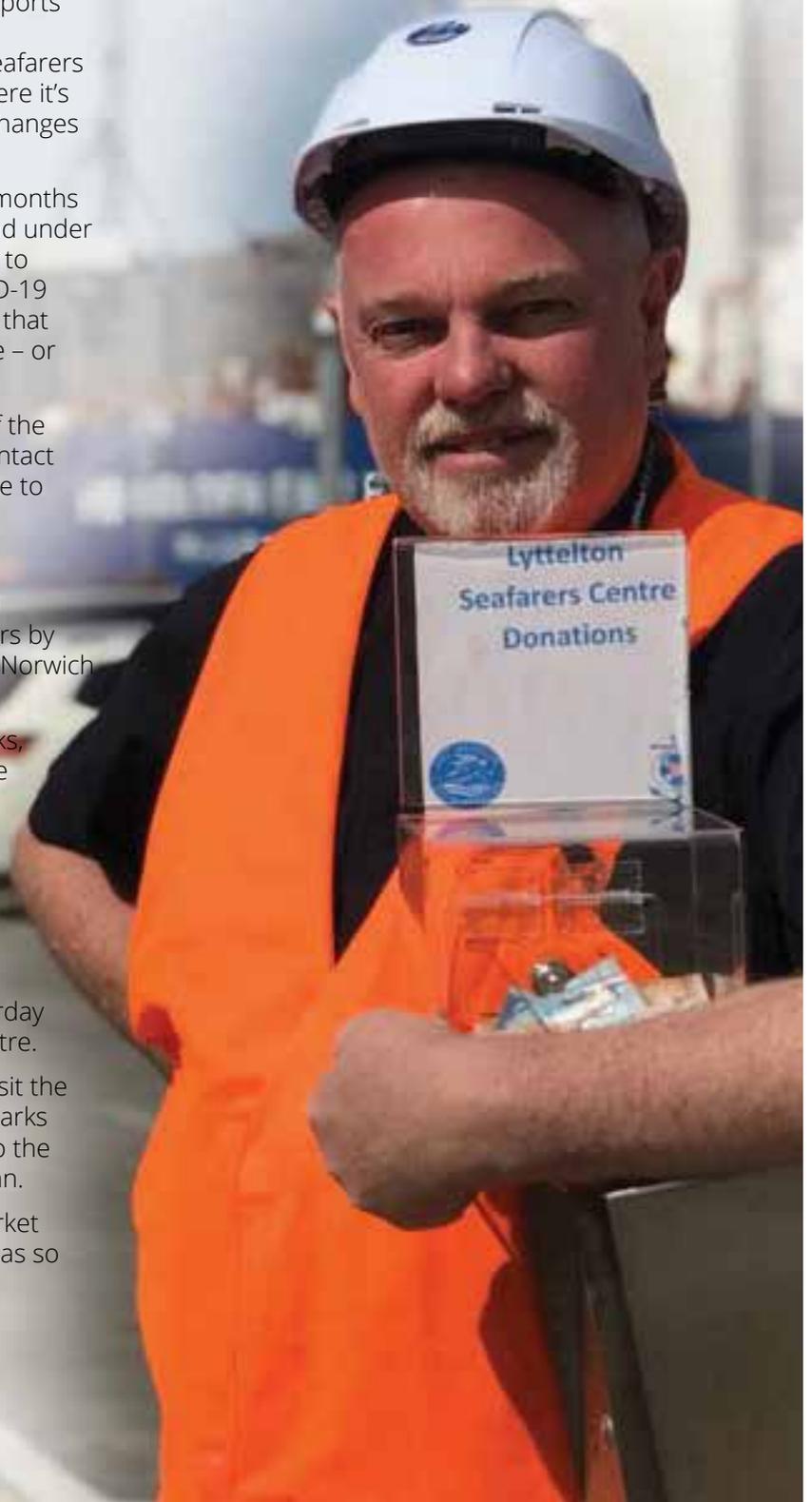
In a new development the Port Company have just agreed to the use their car park each Saturday morning as a fund raiser for the Seafarer's Centre.

"Tell all your friends who drive to Lyttelton to visit the Farmers Market that there are at least 50 car parks available over the overbridge. For a donation to the Seafarer's Centre you are free to park", said John.

Last Saturday to coincide with the Farmers Market birthday the extra car parking was a big bonus as so

many people visited Lyttelton. John happily gathered the donations. Like all charities fund raising has been difficult this year so the opportunity to use this car park as a fundraiser has been very welcomed.

*Article Lyttelton Review*



**Lyttelton Seafarer's Centre**  
**18 Norwich Quay**  
**Reverend John McLister 027 890 0308**  
**lyttelton.seafarers.centre@gmail.com**

## Ortho-bionomy – What is it?

In today's world if we are injured, aching, feeling unwell or down we do not have to suffer it we can pick up the phone and call for help... however sometimes who we call can be the difficult decision. Everyone has a word of advice and a preferred practitioner, counsellor, point of contact but will that work for you? I know I have tried Physiotherapists, Osteopaths, Acupuncture, Reflexology, Massage as well as Yoga and Pilates and whilst each has provided relief it is a long-term solution that we all search for and in the least stressful way. Maybe Janet Taylor has the answer?

An accountant turned therapist Janet Taylor runs Moving Back to Balance from a treatment room at her home on Cornwall Road in Lyttelton. Her official title is Ortho-bionomist.

"Ortho-bionomy® – a gentle non-invasive form of body therapy which is highly effective in working with acute or chronic pain or stress caused through accidents, injuries or postural and structural imbalances." Dr Arthur Pauls

Ortho-bionomy® was founded and developed by Dr Arthur Pauls a British Osteopath and Judo instructor, he developed a gentle way of working with injuries and pain without the use of force. It focuses upon touch and physical awareness allowing you to help yourself on the road to recovery by becoming aware of your own balance both physically and mentally.

We all prefer a 'side' one side of our body being stronger or more co-ordinated than the other, sometimes we rely on that side too much and start leaning on it more. If we

have a sore knee we take the weight on the other side and soon we are out of balance. This out of balance can lead to another thing going wrong and another.... So that balance needs to be restored... as cheaply and painlessly as possible for most people!

Moving back to balance with Janet uses gentle movement working with the body's reflexes to return the muscle memory that balances our body. Unlike many other therapy forms there is no pain or manipulation, the therapist looks to the body to dictate the boundaries and works with them to create a release. Talking to Janet I cannot help but be filled with enthusiasm for the therapy.

"Often a person can hold onto pain and carry it through their life so that a current trigger may not be the original cause. If the individual can focus back through the history of that injury, they may find that a current shoulder injury was triggered by a neck injury from a car crash 5 years ago. We alter the alignment of our bodies to mask pain in a particular spot which then creates a pain elsewhere. I have particular success with whiplash injuries, back pain and arthritis. I called my business Moving Back to Balance as this explains what I do better than the title 'Ortho-bionomist' as this is a word that people have not heard of...yet!"

Janet is fully qualified but enjoys learning more and regularly undertakes training courses that are offered in New Zealand. Talking to other therapists helps broaden knowledge and recognise the huge range of ailments that can benefit from Ortho-bionomy.

"Many physical aches and pains stem from stress and so whilst going through a session conversation can bring

out the mental stresses that individuals are under. In Lyttelton the earthquakes and recent lockdown still affect our everyday health in ways that we do not always realise. Teaching the individual to be aware of their alignment empowers them to reset themselves when pains begin again."

So if you feel that you have tried it all, maybe it is time to set yourself straight. Contact Janet Taylor on 027 3686515, full details are in the Directory under Health and Beauty.

*Article Lyttelton  
Information Centre*





# Discover Pavitt Cottage

## *A Heritage Week Event*

Enjoy a rare opportunity to see inside historically significant Pavitt Cottage in Robinsons Bay on Banks Peninsula.

The Pavitts arrived on Banks Peninsula unexpectedly in 1849 on the ill-fated *Monarch*. The entrepreneurial family teamed up with architect Samuel Farr to design and construct the first waterwheel powered sawmill in Canterbury in the heavily wooded Robinsons Bay. The mill itself is gone, as are the primordial native trees, but their cottage remains as a symbol of pioneering culture and a stark reminder that the industrial scale deforestation of Banks Peninsula began here.

In 2000 the cottage was acquired by John Fernyhough, a Pavitt descendant, who faithfully restored it and left it in trust for all the family descendants to enjoy.

Many other Canterbury families trace their identity back to this site as the mill attracted large numbers of workers to the area. A descendant of the Williams family (later owners of the mill and cottage) recently donated a painting of the mill site and this now hangs in pride of place over the mantelpiece in the parlour, bringing the history to life. Don't miss this gem on your tour.

Robinsons Bay today is a place of peace and beauty with a strong community proud of its heritage. The Pavitt Cottage is the focal point and local community members

will welcome you with a grand spread of country home-baking, tea and coffee for you to enjoy in the garden after your tour.

Then continue exploring this picturesque valley with a wander through the enchanting but little-known Robinsons Bay School Reserve featuring a 15 minute loop historic trail including a re-created pit saw, totara milking bail and cocksfoot shed. The reserve has been planted by the community and is now a young native forest, itself a symbol of how attitudes have changed and creating a legacy for future generations.

This year Christchurch City Councils Heritage Festival is featuring the beautiful historic Pavitt Cottage in Robinsons Bay. Come along for afternoon tea and tour on Sunday 25<sup>th</sup> October. Tickets only \$10 – book through Eventfinda. <https://www.eventfinda.co.nz/2020/pavitt-cottage-afternoon-tea-heritage-tour-heritage-week/christchurch-district>

*Article Sukey Thompson*





## OUR YEAR IN A NUTSHELL

### Return to profitability

After small losses for the last few years the last year saw us make a small profit. The turnaround is attributable to a few factors: the dedicated persistence of staff in streamlining processes; continuing to reduce unnecessary costs and wastage; and bringing in new product lines that meet our triple bottom line sustainability standards.

### Election of a new director

We have been fortunate to have a new director Julia Mead elected. Julia has a passion for community connection and individual flourishing. Originally from the Bay of Plenty, she came to Christchurch in the early 80s after completing her training as a Psychiatric nurse. After graduating from Canterbury University Julia established Owens Bakery, an organic gluten free bakery that distributed goods nationwide. A mother of two adult children and a Grandmother of one, she now works as manager of two Christchurch based Rest homes. The other directors are: Andrew Scott (Chair), Doug Jenkinson (founding director and lately returned Lyttelton resident), Simon Courtney, and Heidi Wilton.

### Review of the Sustainability Action Plan

We reviewed the Co-op's 2017 plan for environmental social and economic sustainability. We will be continuing to implement the plan in the year ahead. Contact us for a copy of the plan.

### Carbon neutrality

Harbour Co-op has recently received a Climate Positive accreditation with Ekos. This means Harbour Co-op measures and offsets at least 120% of our emissions.

### Staying open through lockdown

Thank you to our 200+ owners and all our other customers for supporting us during Covid lockdown. We did think carefully about our decision to stay open and sought advice from the regulators to ensure we were able



to. It wasn't easy but it was great to get all the positive feedback and to know we were playing an important function for people.

## LOOKING TO THE FUTURE

### New Directors and Shop Volunteers Welcome

We are seeking new directors to help guide the Co-op forward. If you are interested in becoming a director, please submit your CV.

### Feedback please

As always feedback from owners and the community is welcome. It's your co-op and can only become better with the input of those who want to come and shop.

### New owners (members) welcome

We currently have 215 members/owners. Please contact us if you are interested in becoming an owner.

**Contact us to get added to our email list**  
w@shop@harbourcoop.co.nz

Phone - 03 3288544

*Article Harbour Co-op Chair Andrew Scott*

## Get Pumped about Biketober

The month-long festival of cycling, Biketober, is back for another year.

Biketober organiser Robert Fleming says this year's Biketober schedule is packed full of community rides, workshops and family fun, with 50 events over the month.

"It is a great chance get out on your bike, learn about bike maintenance or to encourage a friend to give biking a go. We have a growing network of safe cycleways that make it enjoyable to bike around town."

The festival also encourages people to explore Christchurch by bike via the Biketober Passport Competition.

During the month, people can cycle to destinations around the city and use their smartphone to check in using a code unique to each participating business or site. Or, they can take part in the Biketober Passport One Day Challenge and do it all on October 31. The more sites people visit, the greater their chance of winning prizes.

### Other events planned for Biketober include:

**Vélo à l'est - Te Ara Ōtākaro:** Ten years on from the 2010 Canterbury Earthquake what we know as 'The Red Zone' is beginning a journey of managed development which will take the next 30 years. Join a guided ride on Te Ara Ōtākaro (Avon River Trail) on Saturday 24 October along our beloved river, stopping at several points along the way to hear from those who have been involved in the community development of this special area.

**The Wheelie Great Scavenger Hunt:** Get your friends or family together and cycle around South New Brighton following a series of clues to complete a scavenger hunt. The hunt begins and ends at Common Ground in South Brighton and you can start and finish at your own time. Clue sheets are available from Green Beer Coffee.

For details of other events and the Biketober Passport, check out the Biketober Christchurch website.

*Article CCC Newsline*



## News from Social Worker at Lyttelton Health Centre

With an increase in enquiries from those affected by Covid and their employment status, I have enclosed some information written by MSD:

One Stop Shop for Employment, Education and Training

In response to the economic impact of COVID-19, the Government has created a substantial range of initiatives to help people and businesses. These range from job creation to more support for apprenticeships and increasing the availability of existing services and funds.

Connected.govt.nz

is an all-of-government website that enables people to quickly connect to advice and support about the employment, education and training opportunities available from government agencies. It includes links to agency websites for more information and details about how to apply. The site also gives links to Work and Income's website for information on further support services.

As well as the website, there are Connected spaces around the country where people can drop in without an appointment to discuss their work, study or training options, and where employers can recruit new staff. There are Connected sites at the Papanui, Linwood, Hornby and Rangiora Work and Income Service Centres. Find out more at [www.connected.govt.nz](http://www.connected.govt.nz)

If you need further support, and are a patient at Lyttelton Health Centre, you can ask your GP/Nurse for a referral through to me.

Warm Regards

*Jo Stewart, Social Worker  
Lyttelton Health Centre*





## LYTTELTON RECREATION CENTRE

**OPEN DAY SAT 17  
OCTOBER 10.30-12.30PM**

Tutor/programme demonstrations running. Bring the whole family!  
Come down, have a play, try something new. Find out what's on offer and how you can get involved in Lyttelton's own thriving community space.

**Pay2Play**  
online access

To make an online booking for any of our various spaces visit [www.pay2play.co.nz](http://www.pay2play.co.nz).  
For all other enquiries contact our Facility Manager  
E: [recentremanager@lyttelton.net.nz](mailto:recentremanager@lyttelton.net.nz) M: 021 111 6069

Facebook <https://www.facebook.com/lytteltonrecreationcentre> or Instagram  
[lytteltonrecreationcentre](https://www.instagram.com/lytteltonrecreationcentre)





## Heritage Hui: the Stories of Naval Point

Help us discover the hidden history of Lyttelton's Naval Point – and add to what we already know.

Bring your stories, memories and any photographs or items you want to share to the Heritage Hui so we can uncover, document, and preserve what makes Naval Point such a special place.

What: Naval Point Heritage Hui

Where: Lyttelton Community Boardroom,  
25 Canterbury Street, Lyttelton

When: 3.30 to 5.30pm, Saturday 17 October 2020

Topics include:

- The early Māori and Pākehā history of the site
- The development of Tāpoa/Magazine Bay
- Construction of the breakwater and dry dock
- Land reclamation for the site
- The establishment of the tank farm

We can copy, record or photograph any stories, historical items and photographs for the Christchurch City Libraries' and the Lyttelton Historical Museum's collections. We're especially interested in learning more about the "tank farm" and sports played at the recreation ground.

Please RSVP to [navalpoint@ccc.govt.nz](mailto:navalpoint@ccc.govt.nz) to ensure we meet the COVID-19 restrictions in place when this event is held, and indicate if you have a story, photograph or artefact to share.

If you can't make it but have something to share please email [navalpoint@ccc.govt.nz](mailto:navalpoint@ccc.govt.nz) and we will arrange an alternative time.

## Farmers Market Road Closure/Traffic Management- Have your say....

### CHRISTCHURCH CITY COUNCIL-PROPOSED TEMPORARY ROAD CLOSURES

The Council has received applications for the temporary closures of the following roads, for the following events, on the dates and times shown below.

### Lyttelton Farmers Market

Roads proposed to be closed

London Street Between Canterbury Street and Oxford Street

Proposed Periods of Closures

From 7.30am to 2.00pm every Saturday from October 17, 2020 to September 25 2021.

These closures are proposed to be made under paragraph 11(e) of the Tenth Schedule of the Local Government Act 1974. The proposed closures will apply to all vehicular traffic with the exception of emergency service vehicles, and vehicles directly involved with the events.

No resident access will be available during the period of these proposed closures.

Any person who wishes to object to the proposed closure may do so in writing to the Council Secretary, Christchurch City Council, PO Box 73016, Christchurch, no later than 9.00am Thursday 1 October 2020. Alternately, any objection may be emailed to [jo.daly@ccc.govt.nz](mailto:jo.daly@ccc.govt.nz)

## Lyttelton Recreation Centre

Now taking all your bookings online as well as locally!

To make a booking for the Squash Courts, Sports Hall or Trinity Hall please go to the Pay2Play website to make your booking online at: [www.pay2play.co.nz](http://www.pay2play.co.nz) or alternatively visit the front desk at the Lyttelton Recreation Centre (currently between the hours of 10am-4pm weekdays and 10am-1pm on Saturday).

Check the Lyttelton Recreation Centre Facebook page for the latest news and programmes.

For inquiries and ideas, you can email Nathan at: [reccentremanager@lyttelton.net.nz](mailto:reccentremanager@lyttelton.net.nz) or contact him through our Facebook page.

## Have your say on short-term accommodation

The Council is calling for submissions on its proposed changes to the Christchurch District Plan provisions relating to short-term accommodation primarily in rural, papakāinga, and residential zones of the city.

The proposed changes are primarily focused on short-term visitor accommodation in a residential house/unit (e.g. Airbnb, HomeAway, Bookabach) although other providers of short-term accommodation, such as serviced apartments, motels and hotels, may also be affected.

The proposed changes to the District Plan seek to strike a balance between enabling business and tourism activities in Christchurch and Banks Peninsula, including allowing the more flexible use of homes, while maintaining amenity levels appropriate for residential areas.

This is the formal Plan Change process. Details on how to make a submission on Proposed Plan Change 4 can be found on Have Your Say. The deadline for submissions is 22 October.

## Ministry of Social Development's Community Capability and Resilience Fund

The Community Capability and Resilience Fund (CCRF) is a fund available to community groups for initiatives that support the rebuild and recovery from COVID-19. The \$36 million fund is available from 1 August 2020 to support communities over the next two years. For more information and applications visit <https://www.msd.govt.nz/what-we-can-do/community/community-capability-and-resilience-fund/>

## Funding Opportunities from Christchurch City Council

Discretionary Response Fund (DRF)

To assist community groups where their project funding request falls outside other Council funding criteria and/or closing dates. This fund is also for emergency or unforeseen situations.

Youth Development Fund (YDF) - Each year the Council's community boards fund young people in their local communities. Apply on the YDF form.

Applications for both funds are open until the DRF funding pool is exhausted. (In Banks Peninsula, YDF is allocated directly from the DRF.)

## The Greater Christchurch 2050 survey is now open for feedback.

While the year 2050 might seem a long time away, in order to meet the future needs of our communities, we need to start planning now.



People tell us the thing they love most about living here is the lifestyle. We need to work together to make the most of our strengths and attract and retain people, business and investment while protecting what's important to us. That's why the Greater Christchurch Partnership is creating a new plan for our sub-region with everyone that has an interest in the area.

Greater Christchurch 2050 will describe the kind of place we want for our future generations, and the actions we need to take over the next 30 years to make it happen. This work will culminate in a plan that is real and has achievable actions that can be delivered by the partner organisations.

We want to hear what you think Greater Christchurch should look like in 30 years. Do our short survey – it should take around five minutes. You will be able to give feedback until Sunday 8 November 2020.

## Lyttelton Community House News

Shared lunches Tuesday at 12 noon.

Our meal delivery service continues. Meals cost \$8.50.

The drop in continues Monday Tuesday Wednesday and Friday 12 -2p.m.

We also have a food bank and firewood supplies for anyone who is in need.

### Next Morning Tea

Thursday October 29th 10-12 Lyttelton Fire Station

GUEST SPEAKER FROM THE FIRE SERVICE who will speak about fire safety in Summertime.

You are welcome to bring a plate or small koha/donation if you want

Enquires to [facilitator@lytteltoncommunityhouse.org.nz](mailto:facilitator@lytteltoncommunityhouse.org.nz) or phone Claire or Chris 7411427

### Want to contact us?

Call 03 741 1427 or drop in to 7 Dublin Street Lyttelton.



## Lyttelton Harbour Network Meetings

All are welcome to come along to the Lyttelton Harbour Network meetings, where you can network with others working and living in the area and hear about new projects and events.

It was great to see everyone who came along to meetings the last meeting.

2020 meetings will be on the following Thursdays at 12pm at the Lyttelton Community Boardroom, 25 Canterbury Street:

- 15 October
- 10 December

## Have your say about earthquake risk reduction in your organisation

Resilient Organisations and the University of Canterbury invite you to get involved in their nationwide Earthquakes and Organisations survey, as part of their Earthquake Commission (EQC) funded research on earthquake risk reduction in New Zealand organisations.

Whether you think your organisation has done a little or a lot, your information is vital in helping our understanding of how well prepared New Zealand's organisations are for a future earthquake. As part of our research all survey participants will have access to an Earthquake Risk Reduction Best Practice handout which will be developed as part of the study.

The survey is open to anyone that works in a NZ organisation and we are particularly keen to hear from business owners, senior managers or those that manage risk, health and safety, facilities, and business continuity.

Survey link: <https://www.surveymonkey.com/r/earthquakesandorganisations>

*Article National Emergency Management Agency*

## Upcoming Banks Peninsula Community Board Meetings

Monday Oct 19th 10am Lyttelton Community Board Room

Monday Nov 2nd 10am Lyttelton River Boardroom

Monday Nov 16th 10am Lyttelton Community Boardroom

## WEA Classes in Lyttelton

Join us at the Lyttelton Recreation Centre as we trial some courses harbour side! Sunday crafternoons are a fun selection of crafty workshops including kite making and ikebana - come to one or fill your creative bucket by coming to them all!



In honour of the late Margaret Jefferies we have some spaces available for time credits - if you are a member of the Lyttelton Time Bank and wish to use this payment method email [programme@cwea.org.nz](mailto:programme@cwea.org.nz).

For more information visit <https://cwea.arlo.co/w/courses/cat-82-lyttelton-courses/> or pick up a WEA course booklet from the Recreation Centre or Library

## Off the Wall Graffiti Volunteer Programme

Help report graffiti in your neighbourhood via:

- Phone: 03 941 8999
- Email: [info@ccc.govt.nz](mailto:info@ccc.govt.nz)
- App: Snap Send Solve

## Naval Point Club News

### A Rock N Roll Affair At Npcl

NPCL in conjunction with Southern Rock N Roll are hosting a party on Saturday 31st October in the Wardroom

NAVAL POINT CLUB LYTTELTON IN CONJUNCTION WITH SOUTHERN ROCK N ROLL PRESENTS....

### A Rock 'n' Roll Affair



See You There!

further details

03-328 7029

from 6.30pm until late. Tickets purchased before the event are \$5.00 or if you decide to come on the night, they are \$10.00 at the door. Please see the link below to purchase your ticket!

<https://www.navalpoint.co.nz/events/78057/>

### Looking For Alternative Cleaning Products That Don't Harm Our Oceans?

Check out the link below with ways you can reduce the harm to our oceans by changing up your cleaning products to something more natural!

<https://mail.pitch.net.nz/t/r-l-julthluk-tyulxuthj-o/>

### Npcl Photography Competition

Are you a keen photographer? Do you have any recent photographs of Naval Point clubhouse or activities? We are always looking for images we can utilise for promotional opportunities and to keep our website refreshed.

Send your best photographs to [admin@navalpoint.co.nz](mailto:admin@navalpoint.co.nz) and each month between now and December we will give away a \$50 F&B voucher to one lucky member drawn at random from those who submit a photograph that we utilise.

By submitting a photograph you acknowledge and authorise Naval Point Club Lyttelton Incorporated to reproduce it as we deem appropriate.

## New Lottery Covid-19 Funding for the Community

A new \$40 million lottery fund, which has been established to focus on community and social initiatives in the wake of COVID-19. This fund will open on 28 October 2020 and will remain open until all funding has been allocated.

The Lottery COVID-19 Community Wellbeing Fund will provide one-off grants for community or social initiatives that increase the strength and resilience of communities that are responding to the impacts of COVID-19.

This fund will support hapū, iwi and community organisations that have lost funding or have an increased demand on their services due to the COVID-19 pandemic, and community or social initiatives that strengthen community resilience and respond to the impacts of COVID-19.

Visit the Community Matters website for more information.

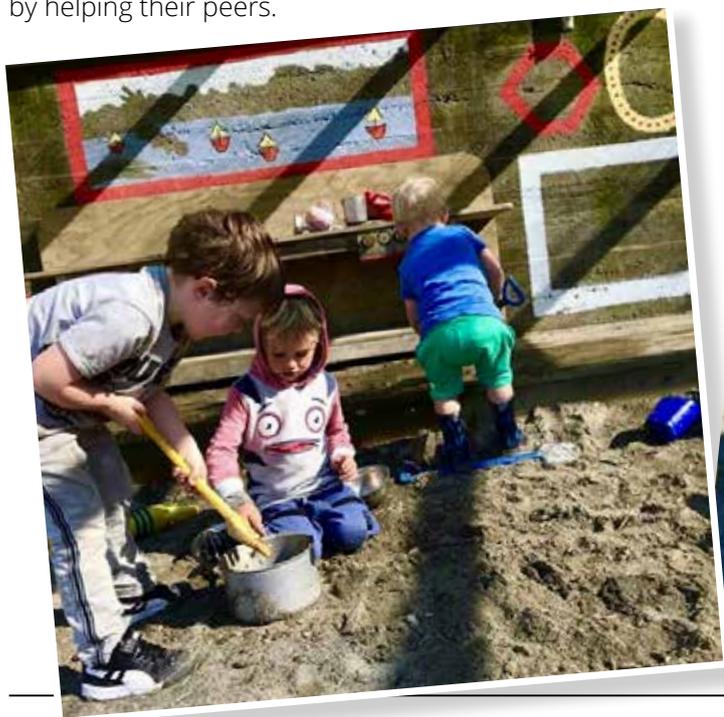
## Busy C's

What a wonderful week it's been here at Busy C's. The weather has been pūrotu, beautiful, and it feels like summer is almost here as those bright rays of sun warm our playground and give the tamariki plenty of opportunity to be outside.

What a wonderful week it's been here at Busy C's. The weather has been pūrotu, beautiful, and it feels like summer is almost here as those bright rays of sun warm our playground and give the tamariki plenty of opportunity to be outside.

Part of embracing aroaromahana, spring, is surely planting seeds so they can grow and flourish in our lovely raised plant beds. The tamariki here have been so enthusiastic about growing plants! Kaiako are constantly being brought handfuls of little seeds from our friends, so within the warmth of these sunny afternoons we have been putting this enthusiasm to use in some wonderful learning experiences about our natural world. Tamariki have been planting their seeds, watering them and following their progress as they begin to sprout. Observing the seemingly simple process of germinating seed provides children with some exceptional foundational knowledge of how ecosystems function. It also forms a connection with nature, caring for a seed from the first planting until it's produced a ripe and ready zucchini for us to eat! Certainly our flourishing mint garden can attest to the care and interest our children have in plant function, form and flavour!

We have also been using our sandpit as an amazing location for engineering exploration as children excavate, design and manipulate waterways to create rivers flowing from our rainwater tanks. Splashing in the wet sand also ensures a sensory extravaganza for even our younger engineers as they get involved! Combining sensory play with construction creates opportunities for Ako as our older children help our younger children learn in new and exciting ways! It also fosters a sense of wonder as younger tamariki are enthralled by the capabilities of our older children; while the older tamariki gain a sense of efficacy and mentorship by helping their peers.



## Weekly Events

### Eruption Brewing

Sunday Session 3-6pm

### Lyttelton Arms

Happy Hour Every day 5-7pm

### Lyttelton Top Club

Wednesday Housie 7pm

Thursday 5-6 pm 7-8pm

Friday Happy Hour 4-6pm

Saturday Happy Hour 6-7pm

### Markets every Saturday

### Lyttelton Craft and Treasure Market

Collets Corner 9-1pm

### Lyttelton Farmers Market 10-1pm

### Lyttelton's Retro Art and Craft Bazaar 9-1pm

### Wunderbar

Tuesday Open Mic Showcase Night 7pm

Wednesday Al Park and Pals 8pm

## Single Events

### Friday October 16th

Wunderbar The Raddlers 7.30pm

### Saturday October 17th

Open Day Lyttelton Recreation Centre 10.30-12.30pm

Days of Ice Lyttelton Antarctic Walking Tour 1pm Albion Square

Wunderbar Abba vs Queen 8pm

### Sunday October 18th

Governors Bay Fete 12 – 4pm Allandale Domain Gold Coin Entry. Funds Supporting Save the Jetty.

### Friday October 23rd

LIFT Library Film 7.15 Rec Centre Caring for Nature Koha

Wunderbar One Direction – 10 year anniversary party 9pm

### Sunday October 25th

Orton Bradley Park Spring Fair 10am

### Monday October 26th

Vintage Collective Fundraiser for the Governors Bay Jetty Exploring Waitahuna Gardens and Vintage car collection

## Coming Up

### Thursday October 29th

Community House Morning Tea 10-12pm

### October 20 – November 8th

Christchurch Heritage Festival

visit <https://www.ccc.govt.nz/news-and-events/whats-on/programme/42> plus see the feature of local events in this edition of the Review

### Saturday October 31st

Naval Point Club A ROCK N ROLL AFFAIR 6.30pm till late

### Saturday November 7th

Lyttelton Primary School Book Fair

### Thursday November 12th

The Loons Say it with Flowers 8pm

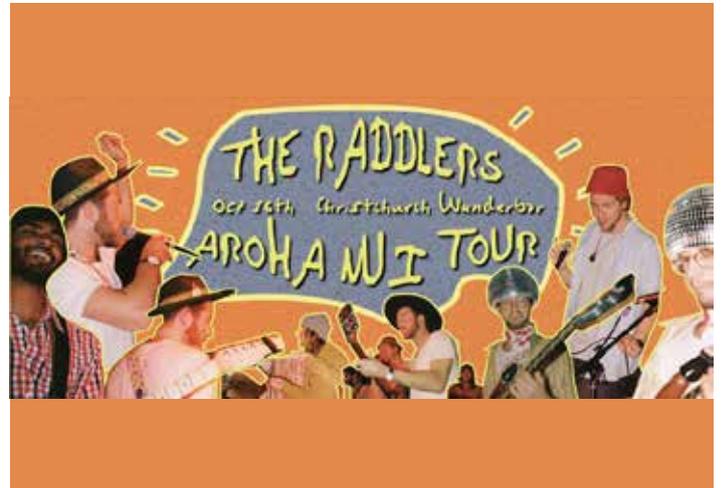
### November 7-29

Banks Peninsula Festival of Walking [www.bpwalks.co.nz](http://www.bpwalks.co.nz)

## Galleries

**Stoddart Cottage Gallery** is located at historic Stoddart Cottage, Diamond Harbour, birthplace of well-known Canterbury impressionist painter Margaret Stoddart (1865 -1934). It is just a short walk up from the Diamond Harbour ferry.

New Exhibition October 2-November 1 Vibrancy & Peace Ursula McCulloch & Kevin Mackay.



## Events with the Lyttelton Museum Days of Ice

### **Lyttelton Antarctic Walking Tour 1pm Albion Square October 17th**

Lyttelton has a rich Antarctic history with Scott and Shackleton (see photo) departing the Port on three separate voyages during the heroic era of Antarctic exploration. There are several Antarctic points of interest within the town and wharf area. The 3.5 km guided walk starts at Albion Square, highlights the site of the new Lyttelton Museum, then down to the No 2 wharf and takes in Tug Lyttelton, contemporary Antarctic shipping and the iconic Dry Dock.

The Canterbury Branch of the NZ Antarctic Society, Youthtown and Lyttelton Museum are collaborating to give you a walk that aims to connect participants of all ages to our city's Antarctic heritage! So, come along and discover what makes Christchurch an Antarctic Gateway City from both the old voices and the new.

### **Pop-up exhibition, 'LocalEyes on Antarctica' Every day until November 30**

Pop-up exhibition, 'LocalEyes on Antarctica' with Guest Curator Dr Margaret Bradshaw.

Onsite at the Lyttelton Museum London Street Cabin, and online on the website.

This pop-up photography exhibition, part of the Lyttelton Museum's 'LocalEyes' series, showcases Antarctica as chosen by Margaret from the museum's recently digitised photographic collection.

Whakaraupō local and Antarctic geologist Margaret Bradshaw is one of New Zealand's trail-blazing female scientists. Her first expedition to the ice was in 1975, 6 years after the ban on women working in Antarctica was lifted. Four years later in 1979, Bradshaw became the first woman to lead a deep field research party. A fascination for the rocks of the Dry Valleys has led to a long career in Antarctic geology that continues today.



# LOCALEYES EXHIBITION SERIES

*Image credit: The US Icebreaker Edisto followed by H.M.N.Z.S. Endeavour in McMurdo Sound, Antarctica. Official U.S. Navy Photograph " By Photographer's Mate Second Class (Ph2) R.H. Lane, USN. 1963. Lyttelton Museum ref. 11829.1*

**BANKS PENINSULA**  
**Walking Festival**  
**2020**

**4 FUN FILLED WEEKENDS**  
**NOVEMBER 7-29**



**BOOKINGS ESSENTIAL**

Book at [www.eventfinda.co.nz](http://www.eventfinda.co.nz)  
search *Banks Peninsula Walking Festival 2020*

Visit [www.bpwalks.co.nz](http://www.bpwalks.co.nz)  
to see the full festival programme and map

Enquiries [bpwalkingfest@gmail.com](mailto:bpwalkingfest@gmail.com)  
or phone Sue 021 0417 402



# LYTTELTON BOOK FAIR

FOR THE GROWTH OF THE LYTTELTON PRIMARY SCHOOL LIBRARY

**SATURDAY 7 NOVEMBER**

**@ LAF | 1 SUMNER RD  
LYTTELTON | 9am-2pm**



## **DONATIONS**

We are gratefully accepting donations via  
the Lyttelton Primary School office  
9am - 3pm weekdays, 14th August - 5th November  
OR email: [familyhub@lyttelton.school.nz](mailto:familyhub@lyttelton.school.nz)

a Lyttelton Primary School Family Hub initiative

# Community Activities in and around the Harbour

## MONDAY

### Community Choir

7.30pm Winchester St Lyttelton.  
All welcome. Jillie 021 152 8068

### Lyttelton Reserves Management Committee

Meets 2nd Monday February, expt April date 20th, June, August, October, December. 7pm Community Board Room 25 Canterbury Street

### Lyttelton Rotary Club

7pm on the 2nd and 4th Monday of each month Lyttelton St John's station London St. New members welcome. Contact Neil Struthers Ph. 0274336872 for details.

### Lyttelton mother4mother

Breastfeeding support group  
10-12pm For more information contact Andrea Solzer  
andrea.solzer@web.de

### Lyttelton Scouts

6.30 - 7.30pm  
Contact Ruth Targus 021 259 3086

### Open Adult Ballet

11:00am to 12:00pm. Lyttelton Rec Centre

## TUESDAY

### Community House

Shared Lunch 12.00pm 7 Dublin Street. Make new friends

### LIFT Library

10.00-1pm Foyer Rec Centre 25 Winchester St

### Lyttelton Library Story Times

11.00-11.30am

### Diamond Harbour Bridge Club

1.20pm for 1.30pm start  
Diamond Harbour Football Club Rooms. \$4 table  
For more information call 329 4868 or 329 4149

### Lyttelton St John Youth Division

All learning online for term 2 visit youth@stjohn.org.nz  
St John Ambulance Station  
52 London St, Lyttelton

### St Joseph the Worker R.C.Church

9am Mass 21 Exeter Street, Lyttelton  
All Welcome More information call 384 1600

## WEDNESDAY

### Diamond Harbour Bridge Club

Bowling Club Rooms. All welcome  
6.40pm for a 6.50 start  
Partner finder - Carolyn Craw. Ph 329 4684

### Diamond Harbour Singers

7.30 - 9.00pm  
Every Wednesday in Stage Room of Community Hall. All welcome. Contact Margie 329 3331

### Lyttelton Community Garden

10am Every Wednesday. Meet at the garden behind the Lyttelton Pool in Oxford Street.  
For more information 328 9243

### Lyttelton Cubs

6.30 - 7.30pm Contact Ruth Targus 021 259 3086

### Lyttelton Garage Sale

10-4pm 54a Oxford Street, Lyttelton  
Second Hand Bargains and more.

### Lyttelton Harbour Fruit and Vegetable Collective

Trading between 12.30 to 4pm.  
Add \$6 and @\$12 bags of vegies.  
Pay online a week in advance  
The Lyttelton Recreation Centre, 25 Winchester, St Lyttelton  
Contact Wendy Everingham 0210476144

### Lyttelton Library Wednesdays Knit and Yarn

10.00-12.00pm

### Lyttelton Playgroup

At Kidsfirst Lyttelton  
12.30pm- 2.30pm 33 Winchester St Lyttelton  
Call 03 328 8689 for more information

### Harbour Yoga Vinyasa

6pm-7.15pm. 021 882 403. Gentle Class, Trinity Hall

### Library of Tools and Things

5-7pm 25 Canterbury St (in garage)  
Contact LytteltonLoTTs@gmail.com

### Stoddart Cottage Artisans group

Meets monthly on the third Wednesday 4pm at Stoddart Cottage. For more information contact secretary Christine Davey kcjoynt@xtra.co.nz. See also our Facebook page.

## THURSDAY

### Diamond Harbour Tai Chi Group

11am start Diamond Harbour Community Hall.  
For more details, please email to 88daruma@gmail.com  
and we will send you our information letter.

### Governors Bay Volunteer Fire Brigade

7.00pm Governors Bay Fire Station  
Weekly Training, New Members Welcome

### LIFT Library

10.00-1pm Foyer Rec Centre 25 Winchester St

### Introduction Course to Ballet for Adults

6:00pm to 7:00pm. Lyttelton Rec Centre

**Lyttelton Garage Sale**

10-4pm 54a Oxford Street, Lyttelton  
Second Hand Bargains and more.

**Lyttelton Volunteer Fire Brigade**

7.00pm Lyttelton Fire Station  
Weekly Training, New Members Welcome

**Lyttelton Strollers**

10am start at the Lyttelton Library, London Street  
Lyttelton. For more information contact Community  
House. Ph 741 1427

**FRIDAY****LIFT Library**

10.00-1pm Foyer Rec Centre 25 Winchester St

**Dance Fitness**

Lyttelton Recreation Centre 25 Winchester St  
10.30am

**Lyttelton Garage Sale**

10-4pm 54a Oxford Street, Lyttelton  
Second Hand Bargains and more. .

**Lyttelton Library Fridays Babytimes**

10.30-11.00am

**Lyttelton Yoga**

9.30am - 10.45am. 25 Winchester St Lyttelton Rec Centre  
Contact Rebecca Boot 021 071 0336

**SATURDAY****Library of Tools and Things**

10-1pm 25 Canterbury St (in garage)  
Contact LytteltonLoTTs@gmail.com

**LIFT Library**

10.00-1pm Foyer Rec Centre 25 Winchester St

**Harbour Yoga**

9am Trinity Hall, Lyttelton Rec Centre

**SUNDAY****St Saviour's at Holy Trinity**

17 Winchester Street  
9.30am Service with Holy Communion  
All Welcome

**Bay Harbour Toastmasters**

6.30pm. Every 2nd and 4th Wednesday of the month  
Lyttelton Community Board Room, 25 Canterbury St  
Contact: Jann Meehan, 021 263 1040

**Civil Defence Welfare Response Team  
for the Harbour Basin**

Diamond Harbour: Jill Pattinson 021 062 3112  
Governors Bay : Jan Millar 027 208 7310

**Lyttelton Harbour Business Association**

For more information contact: admin@lhba.co.nz

**Lyttelton Museum Historical Society**

info@lytteltonmuseum.co.nz

**Lyttelton Netball Club**

Lytteltonnetball@gmail.com

**Lyttelton Rugby Club**

For details visit the club Facebook Page  
or contact Linda Preddy  
accounts@marinetec.co.nz  
027 3859392

**Little Ship Club Canterbury**

We meet on the 3rd Thursday of the month usually at  
Naval Point Club Lyttelton from 7.00pm. The club has  
regular guest speakers and undertakes a large range  
of activities that increase the knowledge and skills and  
enjoyment of its members and for the benefit of yachting  
generally. All welcome  
www.littleshipclubcanterbury.wordpress.com

**Lyttelton Time Bank**

Drop In Lyttelton Library every Tuesday 10-12pm  
328 9243 www.lyttelton.net.nz

**Lyttelton Toy Library**

Runs every second Saturday out of the Lyttelton  
Recreation Centre Gym between 10am - 12pm.  
Low annual membership with no lending fees.  
Toys for 0 -5 y/o. Details available via [https://www.  
facebook.com/lytteltontoylibrary/](https://www.facebook.com/lytteltontoylibrary/)

**Naval Point Old Salts Lunch**

The Old Salts Lunch is being held every second Friday  
bimonthly.

Contact Richard Madderson  
03 328 7029  
manager@navalpoint.co.nz

**Narcotics Anonymous Lyttelton Meeting**

Monday 6:30 pm - 7:30 pm  
The Lyttelton Community House  
7 Dublin Street Lyttelton, Christchurch

Thursday 6:30 pm - 7:30 pm  
Lyttelton Community Board Room  
25 Canterbury Street, Christchurch

**St Joseph the Worker R.C.Church**

5.30pm Mass 3rd Sunday of the month. Parish House 21  
Exeter Street Lyttelton. Ph: 384 1600

**Groups****Banks Peninsula Community Board**

10am First and Third Monday of each Month  
Meetings Open to the Public

**Banks Peninsula Water Zone Committee**

4pm usually 3rd Tuesday each month at different  
locations around the peninsula. Meetings open to the  
public. If your community has a specific waterway issue  
you'd like to discuss, get in touch and we may be able to  
have a meeting in your neighbourhood.  
[fb.com/canterburywater](https://www.facebook.com/canterburywater)

## LOCAL EXPORTS

<b>All good</b> Interiors and stuff	0274755163 Contact: Polly Twist	pollytwist@allgoodstuff.co.nz www.allgoodstuff.co.nz
<b>Andrea Dahl Wedding Celebrant</b>	0274319963 Contact: Andrea Dahl	andrea@manaakimai.co.nz www.manaakimai.co.nz
<b>Ausmic Electrical</b> 9, Governors Bay Rd, Cass Bay, Lyttelton 8082	021 156 3436 Contact: Mick Bennett	Mick@Ausmicelectrical.co.nz www.facebook.com/Ausmicelectrical/
<b>Blue Fusion</b> Web Design	021 027 05450 Contact: Dana Dopleach	dana@bluefusion.co.nz www.bluefusion.co.nz
<b>Building on Basics</b> Financial Advice and Planning	0299737911 Elise Vine	elise@bob.kiwi.nz www.buildingonbasics.co.nz
<b>Harbour Co-op</b> 12 London Street Lyttelton	03 328 8544	shop@harbourcoop.co.nz
<b>Ray White Next Step</b>	020 4172 1510 Contact: Yvette Wright	yvette.wright@raywhite.com www.rwferrymead.co.nz
<b>Lyttelton Port Company</b> Waterfront House, 37-39 Gladstone Quay, Lyttelton 8082	03 328 8198	allreceptionists@lpc.co.nz www.lpc.co.nz
<b>Lyttelsoft</b> For all your accounting needs 7 Hyllton Heights, Lyttelton 8082	03 328 8671 or 021 137 4103 Contact: Penny Mercer	penny@lyttelsoft.co.nz www.lyttelsoft.co.nz
<b>Min Sarginson Real Estate</b> 53 London Street, Lyttelton	03 3287273 Agents: Steve Hanrahan	lyttelton@min.nz www.min.nz
<b>Printable Solutions</b> 92 Division Street, Riccarton	03 377 66 44 Contact: Ange Hodgson	operations@printable.co.nz www.printable.global
<b>Project Lyttelton</b>	033289243	www.lyttelton.net.nz

To become a member of the Lyttelton Harbour Information Centre please contact Ruth Targus 328 9093 or email [office@lytteltoninfocentre.nz](mailto:office@lytteltoninfocentre.nz).

\$99 a year enables your business to be listed in this directory, be on the website and have business information displayed at the Information Centre.

## EAT, DRINK, DINE

<b>Coffee Culture</b> 18 London Street, Lyttelton 8082	033 287 080 Contact: Leona & Marten Cooper	Talk@Coffeeculture.co.nz www.coffeeculture.co.nz
<b>Diamond Harbour Eatery and Bar</b> 21 Waipapa Avenue, Diamond Harbour	03 3294465 Contact: Katik	diamondharbour10@gmail.com
<b>Fishermans Wharf</b> 39 Norwhich Quay, Lyttelton 8082	033 287 530 Contact: PJ Gemmel	Contact@Fishermanswharf.nz www.fishermanswharf.nz
<b>Governors Bay Hotel</b> 52 Main Road, Lyttelton 8971	03 3299433 or 0275 329160 Contact: Jeremy Dyer	info@governorsbayhotel.co.nz www.governorsbayhotel.co.nz
<b>Lyttelton Arms</b> 17A London Street, Lyttelton 8082	03 328 8085 Contact: Caroline & John Quinn	caroline@lytteltonarms.co.nz www.thelytteltonarms.co.nz
<b>Top Club</b> 23 Dublin street, Lyttelton 8082	03 328 8740	lytteltontopclub@gmail.com www.facebook.com/lytteltontopclub/
<b>Wunderbar</b> 19 London Street, Lyttelton 8082	03 328 8818 Contact: Alex and Vanessa	hi@wunderbar.co.nz https://wunderbar.co.nz

## PLACES TO STAY

<b>Black Kiwi Apartment</b> 78a Reserve Terrace, Lyttelton	0220541954 Contact: Sasha Stollman	blackkiwibnb@gmail.com
<b>Dockside Accommodation</b> 22 Sumner Road, Lyttelton 8082	021 152 3083 Contact: Julian Cross	dockside@fastmail.com www.lytteltonaccomodation.co.nz
<b>Governors Bay B&amp;B</b> 851 Governors Bay Road, Lyttelton 8082	329 9727 Contact: Eva Mason	eva@gbbedandbreakfast.co.nz www.gbbedandbreakfast.co.nz
<b>Governors Bay Hotel</b> 52 Main Road, Lyttelton 8971	03 3299433 or 0275 329160 Contact: Jeremy Dyer	info@governorsbayhotel.co.nz www.governorsbayhotel.co.nz
<b>Manaaki Mai</b> 99, Purau Port Levy Road, Purau	0274319963 Contact: Andrea Dahl	andrea@manaakimai.co.nz www.manaakimai.co.nz
<b>The Rookery</b> 9 Ross Terrace, Lyttelton 8082	03 328 8038 Contact: Rene Macpherson	rene@amma.co.nz www.therookery.co.nz

## THINGS TO DO

<b>Adventure by nature</b>	210721464 Sarah English	sarah@adventurebynature.co.nz www.adventurebynature.co.nz
<b>Akaroa Kayaks and Electric Bikes</b>	211564591 Allie and Greville Walsh	contact@akaroakayaks.com www.akaroakayaks.com
<b>Airborn paddling</b> Inflatable SUP and kayak hire	022 0318420 Contact: Joe Jagusch	info@airbornpaddling.nz www.airbornpaddling.nz
<b>Black Cat Cruises</b> Level 2, 5 Norwich Quay, Lyttelton 8082	0800 436 574 Paul Milligan	sales@blackcat.co.nz www.blackcat.co.nz
<b>Bosman Ballet Flow</b> Trinity Hall Lyttelton Rec Centre	027 316 3631 Contact: Celia Bosman	celia@bosman.nz www.bosman.nz
<b>Canterbury leisure tours</b>	03 3840999 Kevin Eldin	info@leisuretours.co.nz reservations 0800484
<b>Hassel - Free Tours</b> 296 Prestons Road, Marshlands, Christchurch	03 385 5775 Contact: Raina Roberts	bookings@hasslefree.co.nz www.hasslefree.co.nz
<b>Ohinetahi House &amp; Gardens</b> 31 Governors Bay Teddington Road	3299 852 Contact: Ross Booker	info@ohinetahi.co.nz www.ohinetahi.co.nz
<b>Stoddart Cottage Gallery</b> Diamond Harbour	021 776161	info@stoddartcottage.nz

## HEALTH & BEAUTY

<b>Lyttel Beauty</b> 32 Voelas Road, Lyttelton	0212973885 Contact: Emma Chambers	Lyttelbeauty@Hotmail.co.nz
<b>Health Check Clinic Rapaki</b>	03 3289415 Contact: Christina Henderson	rapaki@extra.co.nz
<b>Moving Back to Balance</b> Gentle holistic bodywork	027 368 6515 Contact: Janet Taylor	taylor-smyth@slingshot.co.nz
<b>Personal Trainer &amp; Consultant</b> www.workplacedevelopmentconsultants.com	0211992582 Contact: Kevin Hurl	workplacedevcon@gmail.com
<b>Oceanside Jui Jitsui</b> 56 Leeds Street, Phillipstown, moving to Ferrymead	027 826 6804	https://osjj.nz Contact: Hayden Smith

Trick or Treat

31  
OCTOBER  
7.00PM

The Lyttelton Club Presents:

# MONSTER MASH HALLOWEEN PARTY

Be Afraid. Be Very Afraid.

**COSTUME PRIZES: FIRST \$150 - SECOND \$100 - THIRD \$50**

**DRINK AND RESTAURANT VOUCHERS UP FOR GRABS**

**BEST PHOTO BOOTH POSE \$200 | GRUESOME HALLOWEEN MENU**

**IT'S ALL HAPPENING AT THE LYTTELTON CLUB THIS HALLOWEEN  
SO COME ON DOWN, AND BE PART OF THE DELICIOUS SPOOKY FUN**

**LYTTELTON CLUB EVENTS | 23 DUBLIN STREET**

**LYTTELTON CLUB EVENTS | 23 DUBLIN STREET**

**FREE  
ENTRY**

# **YOUTH EVENT**

**YOU ARE INVITED**

**TO THE SERIOUSLY SCARY**

# **SPOOKTACULAR HALLOWEEN PARTY**

**SATURDAY OCTOBER 31**

**5.00PM - 6.30PM**

**MEET UP BEFORE TRICK-OR-TREATING  
FESTERING FOOD OPTIONS  
TRICK US FOR A TREAT**

**SPOOKTACULAR PRIZES FOR:**

**BEST COSTUMES**

**BEST PHOTO BOOTH POSE**

**COLOUR IN COMPETITION\***

(Colour In Sheets Available from 12 October)

**SCARY  
COSTUMES  
REQUIRED**

**HAPPY HALLOWEEN**

**\* Bring your completed, coloured in picture  
back to The Lyttelton Club on Saturday  
October 31st to enter the competition**