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www.lytteltonharbour.info



Lyttelton Master Plan Suburban Centres Programme

Lyttelton Master Plan Implementation

Update No.1

Welcome to the first of Christchurch City Council's regular progress updates on Lyttelton Master Plan implementation.

What's been happening?

Following the Council's adoption of the Lyttelton Master Plan in June 2012, and provision of the initial funding for its implementation in the Council's 2012/13 Annual Plan, Janine Sowerby continues as Project Leader for the Plan's implementation. Council staff have recently completed the challenging task of allocating available funding and staff resources to specific Master Plan actions for this financial year. Twenty-two of the 31 actions (highlighted in **bold** below) will be progressed in part or whole. Those being progressed are ones that, for example, the community considered urgent, capitalise on present opportunities or provide quick wins; are not being funded and/or progressed by other parties, and can be realistically progressed or achieved this financial year.

Progress to date on actions from the Master Plan by both the Council and community-based project leaders includes:

- N1 A new civic square, (C4) New public amenities in the town centre and (C5) Lyttelton War Memorial Cenotaph relocation investigation and reinstatement: Purchase of, and preliminary site investigations on, the new civic square site. See the article on page three for further information.
- C2 Investigation for and use of Council property to accommodate community and cultural activities: As an interim accommodation solution, the Council has taken a lease on a building at 15 London Street to provide a meeting room for the Lyttelton/Mt Herbert Community Board and house some of the staff that used to be based at the Lyttelton Service Centre. Walk-in customer services for the community will be transferred from the Library to this facility, which is expected to open in mid-November. The meeting room will be available to the community when the Community Board is not using it, including after business hours, by way of a booking system run by staff.

The Council is keen to keep the community informed of progress on the Plan's implementation and on-going opportunities for community involvement. Council staff have also commenced work on the Council's Long Term Plan which will identify funding for Council projects including the Lyttelton Master Plan over the period 2013/22 (this will be subject to public submissions in March/April next year).

What's happening now?

Work in progress includes:

E3 Appointment of a Lyttelton case manager: Janine is continuing to act as case manager while consideration is given to how case management, as anticipated in the Lyttelton Master Plan, could be delivered. Lyttelton town centre developers can also obtain free rebuild-related design advice and regulatory assistance from Council's Rebuild Central, 36 Lichfield St, Christchurch; Phone 353 0747; email rebuildcentral@ccc.govt.nz in the meantime.

Article Continues Over Page...





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Lyttelton Master Plan Implementation [continues]

What's happening now? Work in progress includes:

- **E5 Funding options and temporary support**: The Council is putting together an updated list of funding options and temporary support available from the Council and elsewhere for individuals and community groups needing assistance with earthquake-related business recovery, heritage retention and community projects.
- **N5 Temporary landscapes**: Members of the community are continuing to brighten up vacant sites on London Street with artwork, seating and planting, for which the Council has helped provide some resources.
- **B1** Rebuild and recovery-supportive amendments to the Proposed Banks Peninsula District Plan: Work has started on some of the six prerequisite actions (identified with an *) which will inform the development of the upcoming District Plan change.
- **B2** Design and character guidance*: Production of a brochure setting out an interim, non-statutory 'update' of the Lyttelton design guidelines in the District Plan. This will assist developers until more comprehensive design guidelines are developed; and ensure post-earthquakes development has some relationship to and compatibility with the town. This interim update brochure will use existing design guidelines, but with new illustrations of the still relevant design principles located next to outdated illustrations. An introduction will explain what Lyttelton was as well as what it is post-earthquakes, and what design principles still are and are not relevant post-earthquakes. This work will help inform the more comprehensive update, which will occur at a later date.
- **B4** Identify and assist retention of remaining built heritage*: Production of a list of the remaining protected and notable buildings within Lyttelton's Town Centre and Residential Conservation Zones, mapped and illustrated by current photos, and their owners, architectural character attributes and core design principles, so as to confirm the context within which the comprehensive update of the design guidelines will occur.



Temporary Landscapes: Lyttelton locals, organised by Trent Hiles, put some plants the Council was recently able to provide - visually improving and stabilising the rear of the Harbourlight site.

What's coming up?

Watch out for:

- **E5** Funding options and temporary support. The updated list of funding options and temporary support, will be made publically available from the usual local outlets soon.
- **C9 Emergency preparedness**: Work will soon begin on the drafting of Lyttelton's Community Emergency Action Plan. The goal of this project is to ensure Lyttelton is self sufficient with respect to shelter, food, transport, services, finance and shared emergency services facilities in the event of future disasters. A community workshop will be held on Tuesday, 20 November 2012 at 7.00pm (venue to be advised). If you would like more information, or want to be involved please contact Alicia Palmer, CDEM Public Education and Community Resilience Coordinator, Christchurch City Council, on 941 8217, or via email: alicia.palmer@ccc.govt.nz
- B2 Design and character guidance: The interim, non-statutory 'update' of the Lyttelton design guidelines.
- And Future updates on (E2) London St Wifi; (E4) Investigation for and use of Council property to accommodate business activities; (M2) Heads of Agreement to facilitate resolution of Port and inner harbour waterfront access-related issues; (M3) Pedestrian linkages; (M4) London Street public realm enhancements and public event opportunities; (M5) Parking investigations*; (N6) Local landscape and heritage interpretation*; (C7) Art in public places; (C8) Performance/film venue; (C10) Tangata whenua's relationships, values and aspirations* and (B3) Local input into design and appearance*.

What can I do?

The Lyttelton Master Plan provides a community-agreed vision and framework within which the Council, organisations and individuals can make decisions that contribute towards Lyttelton's rebuild and recovery. Familiarise yourself with its vision, goals and actions, keep up to date on its implementation by reading these articles (amongst other communications), and participate in further community consultation and decision-making as the opportunities arise.

To view the Lyttelton Master Plan visit www.ccc.govt.nz/suburbancentres. Hard copies of the Master Plan are also available to view in the Lyttelton Library.

Janine

Senior Planner (Project Leader), Strategy & Planning Group, Christchurch City CouncilPhone: 03 941 8999Email: suburbancentres@ccc.govt.nz



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Providing Quality Local and Visitor Information

Developing Lyttelton's New Civic Square

The site on the corner of London Street and Canterbury Street has been bought by the Christchurch City Council and, as Tim Taylor asked in an article in the Lyttelton Review of 3 September 2012, the question is "What next?"

There is more good news! The Council has the money to progress some concept designs for the new civic square. However construction in 2013/14 is dependent upon the approval of funding through the Council's 2013/22 Long Term Plan.

Council staff have started a clean up and survey of the site in preparation for the design phase. These are the first steps in the development process and will assist the Council to identify and work through any site-specific issues, such as whether it's large enough to accommodate everything identified by the community, and the structural integrity of the retaining walls on the site. In summary, the next steps are:

- Confirm property and zoning issues.
- Brief the Lyttelton Mt Herbert Community Board on the proposed design process.
- Meet with community [including the Lyttelton RSA] to seek their design ideas, including whether the new civic square should accommodate the cenotaph.
- Prepare draft concept plans.
- Seek community feedback on the concept plans.
- Prepare final concept plan for community consultation.
- Gain approval from the Lyttelton Mt Herbert Community Board for community consultation.
- Formal community consultation.
- Report to Lyttelton Mt Herbert Community Board with consultation feedback and resulting final plan for approval.
- Detailed design, consent application/s and tendering.
- Construct [possibly in stages, with appropriate components input from the community].

The Council is keen for local people, like Tim, to help coordinate people's enthusiasm and skills, and to get the community to start thinking about how they want the new civic square designed. Council staff responsible for designing and developing the new civic square met with Tim Taylor and Wendy Everingham [Lyttelton Harbour Information Centre and Lyttelton Review] following Tim's article to discuss the site development process, some of the issues that need to be dealt with, and how the Council and community can work together to design and develop the civic square. Once Council staff have the information they need, they will meet with both the Lyttelton Mt Herbert Community Board and Tim and Wendy again to determine exactly when and how the Council will seek the community's ideas.

In the meantime, the Council has agreed to the temporary use of the site by the community, through a Licence to Occupy by Gap Filler, until such time as it's able to start construction [hopefully in the third quarter of 2013].

If people wish to develop or use the site in new or different ways they need to clear it with Gap Filler in the first instance [via Trent Hiles, phone 0211 728 373].

Article: Janine, CCCSenior Planner (Project Leader), Strategy & Planning Group, Christchurch City Council



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about the lyttelton review

Lyttelton Review is a community newsletter initiative developed by local Professionals real estate agent Lynnette Baird and Lyttelton Harbour Information Centre chairperson Wendy Everingham. The objective of the Lyttelton Review is to help keep local residents informed with what is going on in the wider Lyttelton Harbour community. Each week readers can read about community groups; businesses; events; and everything in between. If you have an event, topic, cause, or other, that you would like to share with the harbour community, then we would love to hear from you. Be heard, be seen, be informed - read it or offer it here.



Emergency Management Review

Spotlight on the Community Response

Recently the Ministry of Civil Defence Emergency Management and Emergency Management released its independent review on the response to the February 22 earthquake. The purpose of the review was: "from an emergency management perspective identify the practices that should be reinforced and identify the processes and policies that warrant improvements".

It's quite a large document some 240 pages! It contains valuable information on how the Emergency Operations Centre ran, how the Police, St John's, Fire service and Defence Forces performed. How utility companies, government departments and essential services performed plus an analysis of the media, logistics and all the myriad of things one must think about during an emergency.

The report presented the government with a series of recommendations for improvements into the future.

Of particular importance to the Lyttelton Review was what the report said about how local communities performed. References were made to Sumner, Diamond Harbour, Lyttelton, Heathcote, Mt Pleasant, Brighton and Aranui. Lyttelton's response was described by reference to; "a unique local community organisation". Basically the report said these communities responded well and that groups who had little or no contact with Civil Defence Emergency Management played a large role. They knew their communities well and they just got on with doing things.

One of the key recommendations of the report was the official emergency response needed better structures to link the community response. The community response came from churches, existing community organisations, students, farmers etc. The authors recommend that templates be developed with the community groups from Christchurch to enable this to happen.

The authors then discuss community responses for the future. How can Civil Defence Emergency Management link in with existing community organisations responding locally? An idea for thought is should Civil Defence and Emergency Management in the community be based on special purpose organisations dedicated to a Civil Defence role?

Our community will get the opportunity to discuss this shortly. As part of the Master Plan process we have the opportunity to create our own community plan for emergency preparedness. The plan will cover both the immediate and longer term needs of our community. The date of the first meeting is listed in the Master Plan Update included in this edition of the Lyttelton Review. Help this community figure out what Community Civil Defence Emergency Management "wellbeing" looks like so that we can assist in the creation of a template for community wellbeing in emergencies for Lyttelton Harbour and beyond.

Article: Lyttelton Harbour Information Centre

Lyttelton Port of Christchurch



Advisory Notice

Following the past two years seismic activity, the Lyttelton Port of Christchurch continues to operate with constraints that have impacted on berth availability.

As a consequence of these berthing restrictions some trades are being worked in the inner harbour. The *Orient Singapore* scrap vessel is expected into Port on Monday 29 October, with expected visit duration of two to four days. Lyttelton Port of Christchurch, the exporter and the stevedore are taking all practical steps to minimise the effects on the community however, advise it is a very difficult cargo to handle from a noise perspective. We appreciate the community's patience and understanding while we operate with these restrictions.

These shipments occur infrequently, approximately four times per year. Shipping schedules can be checked on our website www.lpc.co.nz.

If you require more information on the procedures in place, there are a number of ways to get in touch via our website on the Contacts page, email us at enquiries@lpc.co.nz or call us on 03 328 8198.

We thank you for your patience and understanding during this time.

contact the lyttelton review

The team at the Lyttelton Review would love to spread the word about your community group, fundraising efforts, local heroes, business promotions, events and anything else that the local community would like to share. Deadline for any content: Friday before Monday publication date. Phone, Email, or Post: Lyttelton Review, PO Box 94, Lyttelton 8841.

Lynnette Baird Wendy Everingham 03 328 7707 03 328 9093 021 224 6637 021 047 6144

lynnette@realhomes.co.nz infocentre@lyttelton.net.nz



2013/2014 Cruise Ship Season

Lyttelton Port of Christchurch Update

Lyttelton Port of Christchurch has announced it is unable to accept bookings for the majority of cruise vessels for the 2013/2014 cruise season.

In March 2012, LPC announced it would defer the development of new cruise berth facilities pending a comprehensive review of Port development and enhancement plans after the Canterbury earthquakes of 2010 and 2011. The review of development and enhancement plans included reassessing the original cruise berth plans, and the proposed designs, in light of the seismic activity.

Chief Executive Peter Davie says the Port is currently working through options for cruise berth development, design, construction and funding. "Given the complex nature and the limited timeframe, it will be challenging to meet the opening of the 2013/2014 cruise season in October 2013. When we do the cruise berth development we will need to take into account infrastructure such as roads and parking for coaches, to provide customers with an experience that is up to international standards."

Peter Davie says the cruise industry remains a priority for tourism in Canterbury and LPC will continue to play a role. The Port will still cater to small cruise vessels that can berth in the Port's Inner Harbour. "With the new cruise facilities, we have to do it right first time around and we have to be fiscally responsible. It has been a difficult decision, but in the long run it will prove to be the right decision. We would like to thank our cruise customers for their patience and understanding, in what has been an extremely challenging time."

For further information contact: Peter Davie, Chief Executive, Lyttelton Port of Christchurch. Phone 027 444 1254.



Festival of Walking

Starts this Weekend - Have you Booked?

The third Festival of Walking begins on Saturday. If you want to participate you are encouraged to make a reservation or you may miss out. Some walks are already fully booked.

Encourage your friends to get together in teams for the "I Spy Lyttelton" treasure hunt on Saturday November 3rd. Starting from Lyttelton Main School at 9.45am this is a really fun family activity. If you want something a little quieter pop over to Purau and be guided by Pauline Croft as she tells you all the tales of Purau.

If a day in the country side is more your style Living Springs have self guided walks at 9.30am and 1.00pm each day of the festival. Bergli Farm in Teddington is open every day from 10.00am to 3.00pm for you to enjoy their private trails, farm animals and scavenger hunt for children.

On Sunday the 4th you can find out about the Coastguard or learn about architectural photography with Stephen Estall as he walks you past some classic Lyttelton buildings.

If art is more your style, there are walking tours of some of our local artists studios. Visit Cheryl Lucas, Adrienne Pavelka and Juliet Neill's private studios. See first hand where they work from and what they create. Stephanie Crisp will also have works at Juliet's house. A perfect opportunity to meet our local artists.

Also as part of the Festival of Walking there will be a township walk from the Lyttelton Harbour Information Centre on London Street leaving at 3.00pm. If you are new to Lyttelton, or simply want a walk with locals, this is for you. Initially marketed for residents living west of Dublin Street please feel free to come along where ever you live. An afternoon tea will be served along the way. Please make a reservation at the Information Centre 328 9093 or email infocentre@lyttelton.net.nz

Project Lyttelton have tried to create walks to suite all tastes, ages, and abilities. Take a look at the programme on www.lyttelton.net.nz or pick up a programme from the Lyttelton Library or the Lyttelton Harbour Information Centre. For more details and to make reservations call 03 328 9093 or email infocentre@lyttelton.net.nz.

Article: Lyttelton Harbour Information Centre

subscribe to the lyttelton review

The Lyttelton Review is published every Monday and can be delivered straight to your email inbox. Just send an email with the words "subscribe me" in the subject line, then sit back and wait for the next instalment of local news, events and reviews. If you do not have access to email, but would like read about our local events, Professional Real Estate print hard copies that are available from Thursdays at the Lyttelton Club; Samo Coffee, Fisherman's Wharf or the Lyttelton Harbour Information Centre on London Street. Or a copy can be delivered to your door, if you live in within the Lyttelton township: Contact Lynnette on 03 328 7707.



Lyttelton EQC Land Claims

Retaining Wall Uncertainty Continues

Here at the Lyttelton Review the topic of retaining walls and the repair of earthquake damaged retaining walls have come back into focus. There is no denying that SCIRT is doing a fantastic job of the large retaining walls alongside some of Lyttelton's more important sites, and everyone we have spoken to does acknowledge and accept that the repair process is going to take time.

But how long should people wait? Homes will not be fixed until retaining walls are repaired or rebuilt, and some residents are being told they might not be seen until 2016. Is waiting five years to repair a home simply too long?

One local resident sent us in this email, which we believe reflects what a number of residents have been saying:

"I finally had a conversation with someone in the complaints department at EQC yesterday, after I think them avoiding ringing me. One thing of interest to note is that I was told they are still working out how and what to pay out on land claims, and that it is very likely going to be the end of 2013 before these land claims are even looked at. This of course means that we won't be expecting a settlement for our land until 2014, and then when that is eventually sorted out we can start dealing with the insurance company and Fletchers for the repairs to the house. We're certainly in for the long haul with this one, but are really concerned about the ongoing damage to the house while we wait. What can we do?"

If there is wider interest in this topic for residents, Professionals Real Estate and the Lyttelton Harbour Information Centre will organise another Retaining Wall meeting, with an open invitation for representatives from Christchurch City Council property team, EQC, EQR and SCIRT to discuss this particular issue and to answer your questions.

Please contact Lynnette Baird 03 328 7707 or 021 224 6637 or email lynnette.baird@gmail.com to register your interest, and discuss your situation so that we can formulate the most common concerns and unanswered questions.

St Johns Free First Aid Courses

Lyttelton Harbour Basin Community Civil Defence have some dates set for the Free First Aid Courses to be held in Lyttelton, compliments of St John. The dates are:-

Sunday 4 November Saturday 10 November Sunday 11 November Saturday 24 November Sunday 25 November

LHBC Civil Defence will need a minimum of ten students for any course to proceed and a maximum of fifteen for each day. Courses will run from 8.00am to 5.00pm. Participants should bring lunches but tea or coffee and biscuits are provided.

These are adult courses, so suitable for participants over the age of 17yrs. The courses are not for corporate businesses and are for community residents in the Lyttelton Harbour basin area only.

Please let Julie Lee at LHBC Civil Defence know by email jslprojects@xtra.co.nz for your first preferred date and second preference as soon as you can, as the instructors have been difficult to get and they are keen to ensure we retain them.

Article: Lyttelton Harbour Basin Community Civil Defence Facebook Notification

Garage Sale Supports Community Groups

Last weekend on Saturday morning, Lyttelton Plunket hosted the Lyttelton Garage Sale on Oxford Street and raised \$495. "This is an awesome level of support shown by the community to support Plunket" says Lottie Vinson from Project Lyttelton. The Lyttelton Garage Sale is available 'for hire' by any Lyttelton Harbour community group, and is fast proving to be a great way to raise funds for local groups. Simple contact Project Lyttelton 03 328 9243 for more information.

pass it on, spread the word

Not everyone receives these news letters, so please pass them onto anyone you think would be interested. We can also arrange printed copies for interested parties - just let us know. A big thank you to everyone who emails us with what is happening in their part of Lyttelton Harbour paradise. If you have news, or belong to a community group, own a business - get in contact with us, we would love to promote or share your story with the Lyttelton Harbour district. Errors, Omissions and Typos are all part and parcel of a volunteer service. These quirky additions are offered free for your amusement. But, if we have "got it wrong" - please just let us know.

Diamond Harbour Writers Group

October Author: Brenda Walker

The Diamond Harbour Writers Group are an informal group that encourages members to develop their skills in writing prose and verse. New members are welcome, and you can be from anywhere in the Harbour region to join. Meetings are held the third Wednesday of the month, in the afternoon, at Stoddard Cottage. Simply contact John Riminton 03 329 4329 to enquire further.

This month Brenda Walker takes us on a journey into the world of love and devotion, in the Mills and Boon genre. Enjoy.

Ms Mills and Mr Boon

She gazed up into his adoring eyes, as he stood panting above her. It was a beautiful day and they had gone walking down along the riverside. This was one of their favourite 'get-away' haunts and not usually very busy. Some days they could go down there and see absolutely no one, which left the way nice and clear for them to enjoy a bit of the 'game' they loved best.

This day, however, for some reason or another, it was crowded - with people everywhere. No room at all for them to enjoy any 'hanky panky' or 'dropping the ball' in any direction. Polite behaviour was necessary. She took off her jacket and he laid his head down on it straight away; the sun coming out from behind a cloud warmed their bones and they felt very content lying there snuggled up together. Until he got a whiff of the ham sandwiches in her bag. Then that hungry look came into his doleful eyes which translated 'Is it time for lunch yet?' 'Oh well', she said, 'might as well have it now.' Lunch never lasted long anyway, for he was always eager to wolf it down and get on with their 'games'.

Along the river came a tugboat loaded with tourists who waved and whistled at them. At the very same time along the towpath came some cyclists clad in their gleaming lycras – pink, purple, blue, gold, – all with muscles rippling underneath and tanned skin glistening. 'Good day!' they yelled as they eyed the couple sitting close. 'Nice day for it!' Nice day indeed but they had only one stolen precious hour to be together and already it had been crowded out with people.

'Come on, lets try the park', she suggested, jumping up and pulling on her jacket. He thrilled at that suggestion, there was always fun to be had at the park. Hopefully they hurried along, full of anticipation for what lay ahead. However, as they drew close they could see that the park was chokka with a school expedition and children were literally running everywhere. Blow! another plan dashed. Nothing was turning to their advantage. It just wasn't their day.

Oh well, there's always tomorrow Ms Mills sighed as she looked at her watch, clipped on his lead and led Mr Boon back to the 'doggy day care' centre for the rest of the afternoon. 'See you later my darling.'

Brenda Walker. 2012.

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Cecily at Milly May

Every Saturday until Christmas Milly May is sharing the courtyard at 8a London Street with Celia Alison, creator of the Cecily range. Both ranges will set up and available for viewing, and purchasing, so head along this weekend and check out what these two talented Lyttelton residents can offer you and yours. For quality and uniqueness in gift giving this Christmas, it is worth meandering up the lane.







As the brandy butter melted in the searing heat Cecily cursed her mother's British heritage.

what did you hear

Here at the Lyttelton Review we love receiving your stories and notices about events. Keeping it local and keeping it relevant has resulted in the growth of the Lyttelton Review. One page at a time we are all working together to help connect residents around the Lyttelton Harbour. We couldn't produce the Lyttelton Review each week with your contribution. So here's a big Thank You from the editorial team to everyone who receives and continues to contribute to the success of the Lyttelton Review - your views, ideas and stories are appreciated and always welcomed.







An Authentic Farmers Market Stall

Introducing Farmer John Barton

John is the cheery face that you will have seen at the market since 2006. Loaded up with his crates of beetroots, onions, silver beet, spinach and other seasonal produce he has been at the market since 2006.

John typifies just what an authentic stall can be. From his ten acre site north west of Christchurch he grows all the vegetables for the Lyttelton and Opawa Farmers Markets where he trades.

These days there are no wholesale markets for him. Everything he grows comes to the Farmers Market and at last he is earning what it costs to produce the vegetables, rather than getting really squeezed by others in the national and off shore supply chain.

A farmer for the past 30 years John says Farmers Markets have been wonderful for him. "Finally I can earn a living where I have control over the price plus get to know the people that I am selling the produce to. My customers give me great feedback and I end up learning so much from them"!

John also loves the philosophy behind the markets. "In Lyttelton it is a real community affair and it is not mercenary like some places", he said. That is really important to John.

Delving a little deeper John reveals that his business card reads, "Grower, Investor, Humanitarian". Turns out that some of the proceeds that John gets from selling his vegetables heads over to Kenya. He supports nine children over there looking after their education, clothing, housing and health needs. He's just been back to check on progress and he tells a lovely story about taking gifts for them. The gifts were jars of honey from fellow stallholder Barry Sheehan from Sheehan Apiaries. The children had never tried honey before. "The delight they got from the sweet mixture was immeasurable", he said. The experience opened up a future export opportunity for Barry!

Anyway back to the business of vegetables. With spring here John's selection of vegetables will increase. Expect to see spring onions, dill, coriander, radish, fennel, peas, kale and leeks.

Most of the vegetables are grown spray free with the exception of the brassicas. John really enjoys the challenge of growing and especially the harder plants to grow. Herbs are tricky he says.

He also sounds a word of caution when you are shopping for vegetables. "Don't look for the produce that is perfect, remember it never is perfect in nature", he said.

John's trademark vegetable is beetroot. You might like to try Beetroot Tzatziki.

1 large or two small roasted beetroots peeled 1-2 cloves garlic dash of red wine vinegar 3 tabs finely chopped dill dash of olive oil 250g greek yoghurt sea salt

Coarsely grate the beetroot and mix with the garlic, vinegar, dill and olive oil.

Add the yoghurt and mix well.

Season with sea salt.

Chill for 30 minutes.

suburban papers available

Do you know that each week at the Lyttelton Information Centre you can collect most of your local newspapers? We get all the editions of The Star, Bay Harbour News, generally the Akaroa Mail and sometimes the Christchurch Mail. Every Thursday we also have hard copies of our own Lyttelton Review. We also have local events advertised in our windows plus many brochures for events happening in the greater area.



Bells Pharmacy

Family Health Column: Gout



Gout is a form of temporary arthritis. The big toe is most often affected, but ankles, hands and knees can also be involved. A gout 'attack' usually comes on very quickly, often overnight, with extreme pain and swelling in the joint [acute gout].

The skin over the joint can become hot, red and shiny. Without treatment, the pain goes away – usually in about a week. Left untreated, however, over time 'attacks' can become more frequent and more severe. Eventually, permanent damage to the joints is possible, as is painful disability. Untreated gout also can lead to kidney damage and, increasingly, it is becoming clear that gout is linked with obesity, high cholesterol, high blood pressure and diabetes – all of which are risks for cardiovascular disease [heart attack, stroke and angina]. Gout is a condition that needs to be taken seriously, and not left untreated.

So, what causes gout?

The proteins in the food we eat are digested and broken-down to produce a chemical called uric acid. If the body produces too much uric acid or, as is the case for most people with gout, the kidneys are unable to remove the chemical, uric acid levels rise. Small crystals form in the joints causing swelling and pain. Gout 'attacks' can be 'triggered' by an excess of certain foods and alcohol. Foods rich in purines [which break-down to form uric acid] are the 'bad guys'. If you have experienced gout pain, or know you have high blood levels of uric acid, cut-down on, or avoid eating, foods such as offal [liver, kidney, tripe, sweetbreads and tongue], large quantities of red meat, shellfish [mussels, oysters, pipis, paua, kina], and large amounts of legumes [peas, beans and lentils]. Drinking lots of alcohol, especially beer, also can bring-on gout, so it is best to cut right down and instead drink plenty of water.

Some medicines, e.g. certain ones for treating high blood pressure and fluid build-up can also trigger gout. Bells Pharmacy can help you with advice and information about gout and medicines. Being overweight also can contribute to gout 'attacks' so talk with them too about ways to lose weight, and have a look at the Weight Loss Self Care information card they give away for free.

The pain of an acute 'attack' can be relieved with medicines such as non-steroidal anti-inflammatory drugs like naproxen. These should be started at the first sign of pain, and you can purchase them from Bells Pharmacy. A different type of medicine, called allopurinol, is used to prevent gout long-term by reducing the levels of uric acid in the blood. You need to see a Doctor to see if this type of medication is right for you. It needs to be taken once a day every day, even if you have no gout symptoms.

With gout, prevention really is better than trying to cure it. Preventing the build-up of uric acid means controlling weight, blood lipid [cholesterol] levels [see the Reducing Your Cholesterol fact card], blood pressure [the High Blood Pressure fact card has useful information] and blood glucose levels [see the Type 2 Diabetes card]. If you only treat the acute 'attacks', rather than trying to control the underlying problem, kidney damage and cardiovascular disease are increasingly likely.

So, don't dismiss that bad pain in your big toe, or any other joint for that matter! Talk with Bells Pharmacy, or your doctor, about pain relief and what you can do to prevent further 'attacks'. Most likely, it will mean using gout preventative medicines to reduce high uric acid levels, as well as making changes to your lifestyle and diet. Ask Bells Pharmacy for a Gout Self Care fact card to take home as a reminder of what you need to know and be doing.

Article: Bells Pharmacy

Neighbourhood Week

Neighbourhood Week runs from October 27th to November 4th. Seems there are a few street parties happening, but for the whole community Lyttelton Lions welcomes you to a sausage sizzle at the Petanque Club on Sunday November 4th from 10.30am. Al Park will join them for an hour with his guitar from 11.00am. Poets, musicians and others are welcomed to join them to creative a festive spirit for all locals while we chat and mingle.

lyttelton harbour network

For news, events, and what is open or closed around the Harbour Basin, don't forget to visit:

Diamond Harbour Information

www.diamondharbour.info

Governors Bay Information

www.governorsbay.net.nz

Parihaka Events

Lyttelton Community House

Lyttelton Community house invites you to take part in two events next weekend to remember the story and legacy of Parihaka.

The first will be a special community screening of the highly acclaimed documentary film, Tatarakihi - The Children of Parihaka, which played the recent New Zealand Film Festival. The film will screen on Sunday November 4th, 8pm at the Lyttelton main school hall. The hall will be open from 7pm.

The following day, Monday November 5th, there will be a public Parihaka memorial service, 10am at the Lyttelton Rose Gardens. All are welcome.

Facebook: www.facebook.com/events/459706417405673

About the Film

Forty children, two weeks, one bus. But this was no average school trip, this was a hikoi of remembrance.

The children followed in the footsteps of their great-great grandfathers who were transported from Parihaka pa in Taranaki to the South Island 130 years ago.

Children who feature in Tatarakihi - The Children of Parihaka were at the premiere with the woman who made the journey possible.

"I want to preserve history," Maata Wharehoka said. Wellington War Memorial, Addington Jail and Ripapa Island in Lyttelton Harbour were key stations on the long bus journey to the caves at Andersons Bay in Dunedin where the Parihaka men were imprisoned. The prisoners were forced to work on buildings, roads and embankments.

The film weaves the observations of the children - through artwork, poetry and song - and the footage of their journey with archival photography to bring the history to life.

It tells the story of the ancestors who, with the leadership of Te Whiti o Rongomai and Tohu Kākahi, used passive resistance to oppose the Government's confiscation of their lands.

Director Paora Joseph, whose ancestors were from Parihaka, went on the bus trip. "I had always been interested in the story of Parihaka because it's so important to our history and as a nation, for Maori and Pakeha.

"It's a strong story about how we choose to remember the past, how we choose to honour our ancestors... and their beliefs. That's what comes strongly across, of course the back story is historical, but really the essence of the story is very much about memory in a positive way."



Followed by the Annual Parihaka Remembrance service Monday 5th November, 10am at the Lyttelton Rose Garden. All welcome.

c'mon get involved

Lyttelton is known for its culture of volunteer activity and community participation. If you have ever had the thought that you would like to be more involved in the local community, but you are not sure where to go, or who to talk to? Start by having a conversation with the team at the Lyttelton Harbour Information Centre, as they can give you some advice on the many types of great volunteer organisations here in Lyttelton. If you are passionate about elderly care, sustainability, youth culture, harbour activities, heritage, radio, business development, fundraising, or just about anything - then there is a group who would love for you to be involved!





More to Share from Plenty to Share

Moving from Wednesday to Saturday

Plenty to Share, Project Lyttelton's weekly food swap - moves to Saturday afternoons in Lyttelton and launches a new stall in Diamond Harbour.

With another growing season upon us, residents of the Harbour Basin can look forward to sharing the bounty of their gardens and kitchens at a new location and at a new time. Project Lyttelton's Plenty to Share food swap which originated earlier this year at the Lyttelton Petanque Club on the corner of Canterbury and London Street will be held on Saturday afternoons, in order to encourage more participants. There will also

be a brand new site across the bay in Diamond Harbour centrally located between the shops and the former Godley House Site with the weekly convergence occurring on Saturday mornings starting on the 3rd of November.

Brian Rick, the Co-leader of the Project Lyttelton's Harbour Resilience Project and Diamond Harbour resident is excited by the new changes. "We're looking forward to more people participating this year and by having a new site and co-ordinating with already popular times for social gathering, I think we'll have great turnouts," Rick says, "This is as much about sharing our food surplus as it is about bringing people together to create more resilient communities. Food is so fundamental to our health and happiness, that it's a perfect way to bring people together. We all have something that we can share, whether it's a windfall of plums, some extra jars of jam, or a few scones more than we needed."

To mark the new time and site there are festivities being planned on the 3rd of November in Diamond Harbour which will include music, cooking demonstrations, recipe giveaways, kids' activities and more.

The main idea behind Plenty to Share is to encourage sharing as part of our lifestyles, to promote locally grown food, to create awareness that there are plenty of local resources, which when well re-distributed can create a feeling of abundance and local self-sufficiency.

If you'd like more information, please phone Brian Rick on 021 2011 279 or email brian@lyttelton.net.nz.



Oops! Purau Farmers Market

Pauline from the Purau Produce Group has advised us that the Parau Farmers Market, held from 9.00am to 12noon in the Diamond Harbour Village, is a fortnightly market, not a weekly market as suggested in the last Lyttelton Review. The next Purau Farmers Market will be held on Saturday 3 November and 17 November.



New Lyttelton Residents

Here at the Lyttelton Harbour Information Centre we are starting to notice new people moving to Lyttelton. If you have a new family move in next door to you, let Sue-Ellen at Project Lyttelton know as she can organise them a Welcome Pack which includes local information. Phone 03 328 9243.



Ohinetahi Gardens Open

Ohinetahi, Sir Miles Warren's garden at Governors Bay is now open for visitors. Opening hours are Monday to Friday 10.00 to 4.00pm and the cost is \$10 per adult. It's only open on the weekend by appointment.

lyttelton market town

Saturday mornings are never dull in Lyttelton! Enjoy the local markets including the Lyttelton Farmers Market for fresh produce, meat, fish, eggs, honey and yummy baked goods. Head up to the Grassy Art and Craft Market for bargain items or unique art items from creative local artists. Also be sure to check out the Community Garage Sale located up the driveway behind the swimming pool. The Garage Sale is a fundraising activity for any Lyttelton community group; so if you're not buying, feel free to donate items instead.



Christmas Function Options

Aboard Fox II in Lyttelton Harbour

Here is a reminder to all of us that Christmas is fast approaching, and if you are looking for a venue for that end of year Christmas Party, consider having it aboard the Fox II in Lyttelton Harbour.

The Fox II will be sailing in Lyttelton Harbour for the months of November and December [until December 15th] this year, then we operate out of Akaroa from December 17 to May of next year.

All food is freshly prepared by the private chef Sandra from Holland.

Visit the Fox II website for more information [click on charter]. Whether it is a Christmas Party or entertaining special clients, the Fox II is a great way to reward your employees or impress your clients. The Fox II is guaranteed to be a memorable and fun experience, so have your next function on us!

It will be the easiest Christmas Party you ever planned, as we do all the work, just show up.

Contact:	Fox II Sailing Adventures Limited		
	Roy - Skipper Owner		
Phone:	0800 FOX SAIL		
Email:	info@akaroafoxsail.co.nz		
Web:	www.akaroafoxsail.co.nz		

Orion Sub Station Tidy Up

Fulton Hogan is contracted to Christchurch City Council to supply road maintenance and construction services for all the roads within the Banks Peninsula environment.

Fulton Hogan will be tidying up the slip material behind the substation and installing another container for protection. We will also be removing the overhanging material on the face of the slip and all the loose material at the top of the slip. There will be an extension of the bund on Cunningham Terrace and a tidy up of the sumps and kerb and channel here as well.

Residents in this vicinity are advised that the work will commence on Thursday 25th October and should be complete by Wednesday 31st October, weather and programme dependant. There will be disruption during this period, however, we will endeavour to keep disruptions to a minimum, and do apologise for any inconvenience these works may cause. Thank you for your cooperation at this time.

The on site Supervisor will be Lee Sparrow and he can be contacted on mobile 0272335929. If Lee is unavailable please leave your contact details and he will get back to you.

Article: Fulton Hogan Works Notice 19 October 2012

Insurance Watch Update

David Stringer of InsuranceWatch is running a series of small clinics to provide some intensive discussion, feedback and advice relating to insurance issues for local residential property owners. These clinics are strictly limited to around 20 people to ensure that information can be specifically tailored directly to the needs of attendees. Bookings are essential and will be on the basis of first-come-first-served. Donations gratefully received to help cover venue hire. To learn more please email your name and contact details [ie address, phone number] to: Mt Pleasant Clinics: coordinator@mpcc.org.nz

For customers of AMI/Southern Response, Wednesday November 7 at 7:00pm sharp, SAMOAN CHURCH HALL, 9 Vili Place, off St Lukes street, which is off St Johns road in Woolston. Gold coin much appreciated to contribute to costs.

For customers of Lumley, a meeting was held last week, and a report from this meeting can be found under the Resources Section of the Insurance Watch web site: www.insurancewatch.org.nz

plenty to share

In Lyttelton so many residents grow vegetables; or have fruit trees literally dripping with produce. Plenty to Share is about sharing any excess produce with the community. So if your lemon tree is yellow with goodness and you can't keep up with making lemon curd or drinking enough gin and tonics, bring those surplus fruits down to the organisers, where every Wednesday between 3pm and 6pm the swapping of produce is well underway. If there is something on the Plenty to Share table that you would like to take home, then you are warmly invited to do so. You will find Plenty to Share on the corner of London Street and Canterbury Street.

LIFT Library

L=Living Economies, I=Inspiration, F=Facts, T=Transition

New books now available at LIFT Library:

Spotted Pigs and Green Tomatoes: a year in the life of our farm

Author: Rosie Boycott, 2007

"It's a kind of autobiography, a snapshot of rural life (in England), a discussion of the way that supermarkets are slowly strangling this country and, most importantly, a description of a love affair...This is much more than just another book by a townie about the joys of the countryside. The writer has properly involved herself in the community, not just getting to know the people and the land, but coming to understand the local impact of decisions taken hundreds of miles away." Mark Townsend, *Observer*

The Tipping Point: how little things can make a big difference

Author: Malcolm Gladwell

The tipping point is that magic moment when an idea, trend, or social behaviour crosses a threshold, tips, and spreads like wildfire. Just as a single sick person can start an epidemic of the flu, so too can a small but precisely targeted push cause a fashion trend, the popularity of a new product, or a drop in the crime rate. Let's use these ideas in the ways in which we want to improve our lives.

And we have had some more **magazines** donated. I have never before read **"The Guardian Political Review"** which is produced by the New Zealand Democratic Party for social credit Inc. We have issues ranging through 2008 to 2012. They seem to have many articles that are very relevant and important in today's troubled times, often echoing some ideas from books in the LIFT Library. Here are a few recent topics: 'Don't let the pirates plunder Christchurch'; 'The Trans Pacific Partnership Agreement – make it public!'; 'Politics, Big Business and Human Health'; 'World Collapse Explained in 3 Minutes – John Clarke' (Fred Dagg in a suit! we showed this interview twice on film nights, very popular!); 'Conned! The Emissions Trading Scheme has weird anomalies'; and there are many items from overseas publications, and interesting book reviews, and letters.

We now have 233 books, 23 DVDs, and heaps of magazines. If you like, I can email you the updated list of all our stocks, with notes on the books and DVDs. Then you would be able to order something you were interested in, and I could get it to you.

Are you a member of Timebank? Would you like to read a LIFT book, write a review, record the number of hours spent on it, and get those hours credited to your account? Choose something you're interested in and let me know. If you're not a Timebanker – join up with that! It's worth it, for lots of reasons.

And here's today's quote:

Those who are too smart to engage in politics are punished by being governed by those who are dumber. ~Plato

To become a member of the LIFT Library, based right here in Lyttelton, contact Juliet Adams on 03 328 8139 or mobile 021 899 404, for more information.

Available to Rent

Lyttelton: Cosy two bedroom character cottage in Hawkhurst Road. Partly or fully furnished. Renovated and earthquake repairs completed. Mid-long term tenants preferred, non-smokers. \$350 per week. Call Tim on 021 7476618.

Lyttelton: Modern four year hold home located on Simeon Quay available for rent. Three large bedrooms, two bathrooms, and easy to keep with no lawns or garden to worry about. This would make a great home for someone short term while repairs are being done on their own home. Pets will be considered. \$550 per week. For more details contact Fiona via email at blythefamily@hotmail.com or phone |text mobile 021 125 0547.

Governors Bay: Beautiful three bedroom, two bathroom cottage available to rent in Governor's Bay. Open plan living and large easy care section. Comes fully furnished for \$900; or \$480 without furniture. Negotiable for long term tenants. Will be available from 1st December 2012. For further information, please contact Thoje 03 329 9922 mobile 021 997 833 or email thoje@roc.co.nz



lyttelton club restaurant

Open Thursday to Sunday 5.00pm to 9.00pm \$15 roast dinners | Children under 10 dine free Thursday and Sunday One child per paying adult *conditions apply

everyone welcome

<u> 515 Roast Dinners</u>

An Education Policy

Anon

In view of the current anger over school closures, this small poem has come across the Lyttelton Review desk, and we thought it was a bit of humour worth sharing:

In the beginning was the Report and then came the Assumptions, and the Assumptions were without form, and the plan was completely without substance, and darkness was upon the face of the teachers and they spoke with their senior teachers saying "It is a crock of shit and it stinketh".

And the teachers went to their Principals and sayeth: "It is a pail of dung and none may abide the odour thereof"

And the Principals went to the Inspectors, and sayeth unto them: "It is a container of excrement and it is very strong such that none may abide by it".

And the Inspectors went to the DSI and sayeth unto him: It is a vessel of fertiliser and none may abide its strength."

And the DSIs went to the director-General and sayeth: "It contains that which aids plant growth and it is very strong".

And the Director-General went to the Associate Minister and sayeth unto him: "It promoteth growth and it is very powerful".

And the AM went to unto the Minister and sayeth unto him: "This powerful new plan will actively promote the growth and efficiency of the Department and attract votes.

And the Minister looked upon the report and saw that it was good and the report became Policy.

CanCERN Seeks Resignation of EQC Chief Executive

Last Tuesday, CanCERN sent a letter to the Chair of the Earthquake Commission Board requesting that the Chief Executive be replaced with someone more capable of doing the job at hand. Links to the letter written, and received from EQC Board Chairperson, Michael Wintringham, can be found on the CanCERN web site under Newsletter #61: <u>http://www.cancern.org.nz/cancern-newsletters/</u>

This was not a step CanCERN took lightly. Having met regularly with people from the EQC Executive since November 2010 - the purpose of the meetings was to bring the resident's priority questions and concerns to EQC so they could tailor their communications to the needs of the resident. Over the last two years CanCERN have discussed with EQC ways to make the communications more effective - face to face contact, hard copy information, the use of different media tools when processing the written word became too difficult. CanCERN also discussed the type of information necessary – the steps in the process, clarification of confusing messages, time-frames and reasons for delays, etc.

Most of what CanCERN has learned from EQC was reported back through the groups newsletters. Some of what CanCERN learned gave the group insight into the complex world of decision-making but did little to address the concerns of residents in a way that has made sense to residents. Never has CanCERN underestimated the scale of the job EQC has had. However, the EQC Chief Executive has now had more than two years to ensure the 'customer's' needs are a central focus of the operation and it has not happened yet.

EQC Board Chairperson, Michael Wintringham, notes in his response to CanCERNs letter that EQC believes it has put things in place to 'improve direct customer communications' and is in fact establishing a Customer Advocacy Group. Such advocacy group has not meet yet, but is due to do so in early November. Unfortunately CanCERN does not have terribly much faith in this process because EQC has failed to hear that although they are communicating information, it is not the right information delivered in the right way.

CanCERN concludes its media release by saying "is a terrible shame that the EQC Board have failed to recognise the human cost of the systemic failings and the fact that their attempts to improve their customer focus have not hit the mark with the customers themselves."

Questions must now be raised about the suitability of the performance measures being used in post Canterbury earthquakes. CanCERN will keep us informed of future responses.

Article: CanCERN Newsletter #61

dare to care

Dare to Care, enables all New Zealanders to easily identify and buy Christchurch made products and services. By buying these branded items you can help businesses, families, communities and the city rebuild. Campaign creator, Declan Scott of She Chocolat says "seismic events in Christchurch have given local businesses a renewed sense of purpose and have seen the need to take a more active and involved part in supporting the community." To learn more visit: www.daretocare.co.nz



Successful Anti-Graffiti Campaign to Continue

The campaign to prevent tagging and vandalism of Christchurch buses has been so successful that it's being continued past the initial September and October timeframe. The initiative, undertaken through a collaboration by Environment Canterbury, Police, Maori Wardens and Christchurch City Council, has seen eight people to date arrested for a range of offences on buses and several more caught while etching windows or tagging.

Inquiries are continuing to identify some offenders caught on surveillance cameras and it is likely criminal charges will result.

"We are pleased with the results so far and the bus operators are really happy too as there has been a significant decrease in offending," says Police Senior Sergeant Glenn Nalder "but we remain serious about reducing amount of graffiti even further."

Some feedback received from taggers about the campaign shows it is a definite deterrent as they don't like the heightened risk they now face of being caught. Along with the potential criminal charges, offenders are also trespassed from the buses for two years.

"The plan is to now expand on the success of the campaign so far and progressively roll it out across the entire bus network, particularly on routes with known vandalism issues. "This means surveillance cameras will be used on more buses to keep identifying offenders as well as the continued presence of plain clothes police officers on the buses to catch the vandals in the act."

The public are also urged to carry on calling 111 and providing as much detail as they can if they see someone tagging.

If you see graffiti on a structure eg fences, parks or buildings, please provide the Christchurch City Council with the address details for them to investigate removal. If possible take photos and email them to info@ccc.govt.nz for the database. If your property is tagged with graffiti Christchurch City Council may be able to help with this. Call them on 941 8999 or 0800 VANDAL.

Article: Environment Canterbury Media Release | October 24, 2012

Water Saving Time Again

Labour Weekend is often a busy time for gardeners. Christchurch City Council is encouraging green-fingered residents to think about saving water when they're buying and planting this long weekend.

Acting City Water and Waste Manager Tim Joyce says water restrictions appear unlikely this summer and sensible water use is one of the best ways to keep it this way.

"We're asking residents to keep up the great effort made last summer and to water wisely. If you're visiting a garden centre this weekend, think about water needs when you're selecting plants and look at getting some mulch to keep plants cool and moist in the coming summer months."

Tim Joyce says while the water supply situation has significantly improved since last year, the Council will continue to monitor this and the state of the network. The usual summer water restrictions will apply in Akaroa.

Earthquake damage to water-supply systems meant the Council had to impose city-wide water restrictions last summer. For four months, residents could only use hoses to water their gardens on three days of the week and could not use sprinklers or garden irrigation systems at all.

"Our infrastructure is in a much better state than it was this time last year. This is thanks to lots of hard work over the last twelve months replacing damaged reservoirs, pump stations, wells and pipes, but there's still some way to go," says Tim Joyce.

Article: Christchurch City Council Website | October 19, 2012

looking for reading material

A book swap has been operating from the Lyttelton Harbour Information Centre for some time. Thank you to all the lovely residents who keep dropping books in. This service is available to all local residents, simply just pop in, choose a book, and then return it or another when you are finished. Borrow or swap - it's your call. If you are looking for reading material on economics, the transition movement, sustainability, alternative currencies and community development then check out the LIFT Library that has recently started. Contact Juliet Adams on 328 8139 for more information.



The Banks Peninsula Zone Committee wants feedback on its draft Zone Implementation Programme for water management. The committee is hosting four community meetings for local people, groups and organisations to provide feedback on the recommendations made in the draft Zone Implementation Programme.

Banks Peninsula Zone Committee Chairperson Richard Simpson said the completion of the draft Zone Implementation Programme is the culmination of months of hard work by the zone committee. "The Banks Peninsula draft Zone Implementation Programme has been developed following numerous committee meetings and extensive stakeholder and community engagement to gather information about the region's water resource."

"Its recommendations are designed to enable present and future generations the greatest environmental, cultural, social and economic benefits from the region's water. The underlying philosophy of the Canterbury Water Management Strategy is that local communities should be making decisions on local water management. How we manage water has an influence on our quality of life and prosperity both now and for future generations."

"Community input is vital to ensuring our water resource is managed sustainability. We now want to hear what local people like and don't like about the recommendations and whether there are other things they think should be changed," said Richard Simpson.

Once community feedback has been considered the Zone Implementation Programme will be updated and presented to councils as the basis for work programmes and for drafting regional plans. The draft ZIP includes ten chapters, each focussing on a different priority area for water management. The ten chapters are:

Water Quality	Lake Wairewa
Water quantity	Wastewater
Biodiversity	Climate change and flooding
Kaitiakitanga	Education and communication
Erosion and sediment control	Coastal

The Banks Peninsula Zone committee was set up under the Canterbury Water Management Strategy and had its launch in September 2011. The committee consists of five community members, four Rūnanga representatives, and appointees from Environment Canterbury and Christchurch City Council.

Meeting detailsMonday 29 October6.00pm to 8.00pm Lyttelton Top Club, 23 Dublin Street, LytteltonThursday 1 November5.30pm to 7.30pm Diamond Harbour Community Hall

The feedback period on the Banks Peninsula draft Zone Implementation Programme is open from 29 October to 16 November. Copies of the draft ZIP and feedback form will be available at the community meetings and at: www.ecan.govt.nz/canterburywater.

For more information contact:

Fiona Nicol, Banks Peninsula Zone Committee Facilitator, Environment CanterburyEmail:Fiona.Nicol@ecan.govt.nzMobile:027 200 4766



Canterbury

power of the smile

A smile costs nothing, but gives much- It takes but a moment, but the memory of it usually lasts forever. None are so rich that can get along without it, and none are so poor but that can be made rich by it. It enriches those who receive, without making poor those who give -It creates sunshine in the home, fosters good will in business, and is the best antidote for trouble. Yet it cannot be begged, borrowed, or stolen, for it is of no value unless it is given away. Some people are too busy to give you a smile. Give them one of yours, as goodness knows that no one needs a smile so badly as he or she who has no more smiles left to give. - Anon



Port Hills Geotechnical Seminars

The two geotechnical information presentations held at the University of Canterbury last Saturday 13 October were well attended by the community. The presentations, which helped explain the complex and technical information in the GNS reports prepared for the Council in response to the Canterbury earthquakes, are now available online for everyone to access. Each presentation provides an overview of the information in the reports relating to the two topics - cliff collapse and rockfall, boulder roll – and how this was applied to the life-safety risks from each on the Port Hills. The videos can now be accessed from http://www.ccc.govt.nz/porthillsgeotech. Each is about an hour long, covering the presentation by GNS Science Engineering Geologist Dr Chris Massey and the questions from the audience. The answers were provided by Dr Massey and Professor Jarg Pettinga, Head of the Geological Sciences Department at the University of Canterbury.

Article: Port Hills Geotech Team Press Release | October 17, 2012

Future Land Use Planning for Port Hills Region

The Christchurch City Council is working through a range of issues relating to future planning on the Port Hills. This work includes potential changes to the Christchurch City Plan and Banks Peninsula District Plan, and an amended Infrastructure Design Standard and Technical Standard for Rockfall Protection Structures. These changes are designed to strengthen the Council's existing consenting processes in line with post-earthquake knowledge.

Next month's Council meeting will consider changes to the District Plans relating to the management of land-use and subdivision activities in high risk areas, including potential controls (resource consent requirements) for Rockfall Protection Work [including rockfall protection structures]. As there is currently no New Zealand Standard for Rockfall Protection Structures, the November Council meeting will also consider amendments to its own Infrastructure Design Standard and a new Council Technical Standard for Rockfall Protection Structures.

The amended Geotechnical Requirements of the Infrastructure Design Standard for Rockfall Protection Structures will define the structural and performance criteria for these structures. It will cover such aspects of the structures as warranties, design life and materials, while also specifying the design-review process, stipulating the use of qualified designers and peer reviewers, along with a set of Producer Statements.

The Technical Standard being developed which will provide guidance to property owners, engineers, planners, consultants and contractors on the evaluation, design, consenting and construction of these structures on the Port Hills. It will not be a construction standard but rather key considerations for planning and building Rockfall Protection Structures. In all cases, it is proposed site-specific assessments and a detailed engineering design will need to be undertaken to determine the viability of protection works for long term rockfall hazard management.

Article: Port Hills Geotech Press Release | 24 October 2012

Port Hills 3D Rockfall Study Released

The Canterbury Earthquake Recovery Authority (CERA) has today released the findings of a three-dimensional (3D) rockfall modelling study on the Port Hills. "CERA commissioned Geovert Ltd to carry out this study, and it was used alongside other investigations and work commissioned by the Christchurch City Council to help give Cabinet the best advice for zoning decisions on the Port Hills, on land affected by rockfall and boulder roll," said CERA chief executive Roger Sutton.

The 3D modelling used the Hy-Stone programme developed in Europe at the University of Milano-Bicocca, at their Dipartimento di Scienze Geologiche e Geotecnologie's. "The 3D model generates many thousands of boulders of varying sizes and then tracks their trajectories, paths and run out distances," said Mr Sutton. "The modelled boulder trajectories are what could happen should further boulder fall happen by either natural processes such as large rainfall events, or an earthquake from another direction than those experienced in February and June 2011. "This information was used, in conjunction with other studies and expert advice, to assess what areas on the Port Hills are potentially impacted by rockfall," he said.

The areas investigated by the 3D model extended well over 65 square kilometres across the Port Hills. Mr Sutton said that rockfall was the only hazard considered in the study, and cliff collapse, boulder flux and land movement were not part of the scope. "It is very important to note that the results of the 3D modelling study are the equivalent of preliminary design level of detail for rock roll mitigation. This study was not intended to be used for detailed design or other rock roll mitigation assessment purposes."

http://cera.govt.nz/news/2012/port-hills-3d-rockfall-study-released-26-october-2012

Article: Port Hills Geotech Press Release | 26 October 2012

combined church service

Since the deconstruction of Lyttelton's historic churches you may not have heard that Lyttelton hosts a combined church service every Sunday morning at 10.00am at the St Joseph's Community Centre, 21 Exeter Street, Lyttelton. All residents welcomed.

sunday 10am : st joseph's community centre





Banana Passionfruit Collaboration

The fourth season of a joint control programme on Banana Passionfruit has begun in Hickory Bay, Banks Peninsula. The inter-agency collaboration started in February 2009 between Environment Canterbury, the Department of Conservation and the Josef Langer Charitable Trust in an effort to control Banana Passionfruit in Hickory Bay.

Environment Canterbury Biosecurity Officer Gemma Livingstone says the site is in a strategic area for starting a successful control operation on the peninsula. "This coupled with the opportunity to pool

resources of finances, knowledge and expertise gives the project a higher likelihood of being successful. The project is a great example of agencies working together for a common goal," says Mrs Livingstone.

The Department of Conservation Ranger Biodiversity Wayne Beggs says the control work has been very effective and great progress has been made over the past four seasons. "When we started the control programme in Hickory Bay we were dealing with large numbers of big, heavy vines that were smothering the forest canopy and killing native trees. After three years of work we have destroyed over 80% of the infestation and we are now grid searching the site to mop up the vines that have been missed. The future of the reserves and covenants in this part of the Banks Peninsula is a lot brighter now that we have this serious plant pest under control," says Mr Beggs.

The Hickory Bay project site is some distance from the next major infestation known to be at Le Bons Bay, and in close proximity to large expanses of high value bush owned by several different occupants including the Department of Conservation Reserves and QEII covenants.

Banana Passionfruit is an attractive, vigorous evergreen vine that can climb up to 10m high. It grows quickly to the forest canopy where it forms layers smothering the vegetation beneath. Birds and possums eat the fruit, potentially dispersing the seed further afield. Banana passionfruit can also grow from fragments. For more information visit www.ecan.govt.nz and search banana passionfruit.

Other banana passionfruit control operations occurring in Banks Peninsula:

Wainui and Pigeon Bay (Christchurch City Council, Environment Canterbury, Dept. of Conservation)

If you know of other sites on the Banks Peninsula where Banana Passionfruit is growing please contact Environment Canterbury on 0800 EC INFO (0800 324 636). Or for more information contact Gemma Livingstone, Environment Canterbury, Biosecurity Officer Info and Liaison, 027 487 5472.

Article: Environment Canterbury Media Statement | October 18, 2012

CERA Wellbeing Survey Goes Online

Greater Christchurch residents can now go online and share their post-earthquake experiences and perceptions in a survey that will help guide CERA and its partner agencies in their work. The Wellbeing Survey investigates a range of ways in which people have been affected by the earthquakes. That includes looking at the prevalence and causes of stress, quality of life, social connectedness, satisfaction with the recovery and any positive impacts people may be experiencing.

While CERA receives a large amount of anecdotal feedback on residents' wellbeing, this survey will enable it to gather qualitative research for its planning. The experiences of all those who have lived through the earthquakes are of interest to CERA and its partner agencies. The survey is being undertaken in two parts. Firstly, Nielsen has surveyed a randomly selected representative sample of 2500 residents from the electoral roll in greater Christchurch. CERA General Manager Community Wellbeing Michelle Mitchell says the Wellbeing Survey will be run twice a year for the next three years. "We need more information about how people are feeling in different parts of town and in the greater Christchurch area. From this, we can see what trends are emerging in different places and identify where best to target resources."

The online survey can be accessed through until Friday, 2 November.

CERA has developed the Wellbeing Survey in partnership with Christchurch City Council, Waimakariri District Council, Selwyn District Council, Canterbury District Health Board and Te Runanga o Ngāi Tahu. The GNS Natural Hazards Research Platform is also a major funder. The data will be incorporated into the CERA Recovery Strategy monitoring and reporting which is designed to track the progress of recovery goals using indicators in the social, economic, built, cultural and environmental areas.

http://survey.acnielsenonline.com/wix1/p1597301740.aspx

"c'mon get involved

October 2012

Lyttelton Harbour

Community Garage Sale

All donations of good used, or new, household items greatly accepted at Project Lyttelton 54a Oxford Street. Please do not donate items that cannot be sold, as this increases our costs trying to take unwanted items to the charity barn, or worse still the rubbish depot.

Lyttelton Community Association

New members welcome. As an issues based organisation, we do not hold regular meetings. If you would like to be advised of when the next meeting will be held, or have an issue to discuss, please email us at LCAssn@vodafone.co.nz or phone Ken Maynard 03 328 9553.

Lyttelton Community House

Meals for the elderly continue to be prepared and delivered daily. If you know of any elderly residents who need this service, or would like to volunteer to assist, please contact Christine or Courtenay 03 741 1427.

Lyttelton Harbour Basin COMMUNITY Civil Defence

New members welcome. Meet second Monday of every month, 7.00pm St Johns Ambulance Station, London Street. To become involved contact the Area Co-ordinator Julie Lee on 03 328 7779 or 027 739 1832.

Lyttelton Harbour Business Association

For more details visit: www.lytteltonharbour.co.nz

Lyttelton Harbour Information Centre

Monday to Friday 11.00am to 3.00pm; Saturday 10.00am to 1.00pm; Sunday 11.00am - 2.00pm.

Lyttelton Harbour/Whakaraupo Issues Group

New members welcome. Initiatives and successes for improving the harbour environment and water quality continue. Main group meetings are six times a year. Contact Claire Findlay 03 328 8930 or Melanie Dixon 03 329 9908.

Lyttelton Lions

Meet on the 2nd Tuesday of each month at Community House at 7.30pm. Anyone interested in becoming involved, or anyone who would like to learn more about this organisation, is most welcome. Contact Mary Jamieson 03 328 8523.

Lyttelton Historical Museum Society

Lyttelton Museum committee is developing a concept plan for the re-building of Lyttelton Museum . Meetings held once a month. New members, donations or any other support is welcomed. Lyttelton Museum, PO Box 95, Lyttelton. 328 8972 lytteltonmuseum@xtra.co.nz

Lyttelton Reserves Management Committee

Reserves Committee meets on a regular basis to make decisions about the management of the reserves. It organises weed control and planting programmes that include public and schools planting days. To be involved email the group at reserves@lyttelton.net.nz.

Lyttelton Time Bank

Either Bettina, Lisa or Lottie will be at the Lyttelton Harbour Information Centre every Tuesday, Wednesday, Thursday, and Friday 9.00am to 11.00am. Phone: 021 806 406 or email the team at timebank@lyttelton.net.nz

Lyttelton Volunteer Fire Brigade

Meets for training and maintenance every Thursday night from 7.00pm at the temporary station in the Lyttelton Port Company admin building car park, 56 Norwich Quay. If you are interested in joining, then pop on in. Russ Barron, Brigade Secretary.

Lyttelton Youth Centre

Youth Centre/Community House, 7 Dublin Street, Lyttelton. Contact Christine 03 741 1427 for further details.

Plunket Playgroup

The Plunket Playgroup can be found at Lyttelton Main School, every Monday and Wednesday, 10.00am to 12noon. 50 cents donation and everyone is welcome. Contact Lisa York-Jones 03 328 8918 for more information.

Project Lyttelton

The Portal, 54a Oxford Street, Lyttelton [located behind the Swimming Pool]. Office 03 328 9243.

Toy Library

The Lyttelton Toy Library is now at 25 Canterbury Street. Sessions are every second Saturday 9.00am to 11.00am. \$42.00 per year to join. Provides children 0-5 years with toys, puzzles, games, dress-ups to loan. Contact Toy Librarian: Roz Jenkins 328 8552.

Volcano Radio

Currently - Off Air. Fundraising t-shirts available from Portico, 48 London Street.

66 business directory 99 support our local businesses

Lyttelton

Abbraccia Bellydance Acupuncture Therapy Alexander Technique Bank of New Zealand **Banks Peninsula Accounting** Beauty by Carly **Bells Pharmacy** Body Kinetics - Gym | Fitness **Choice Take Home Dinners Christchurch Council Service Centre Christchurch Yoga Coastal Living / Picture Framers Coffee Culture** Dandy Designs - Web | Business Develop **Diamond Harbour Ferry Dockside Apartments Everest Indian Restaurant Fishermans Wharf Freemans Restaurant** Frog Web Works Four Seas Restaurant Ground | Gourmet Foods, Catering Harbour Co-Op Hands on Health | Nutrition Massage **Himalaya** Design Home Based Child Care Irish Pub Jack Tar Sailing Land Arch Landscape Architects London Fish and Chips London Street Books London Street Dairy Leslies Bookshop Lyttel Beauty Lyttelton Bakery Lyttelton Builders Limited - Office and Yard Lyttelton Harbour Information Centre Lyttelton Library Lyttelton Health Centre Lyttelton Physiotherapy Lyttelton Recreation Centre Lyttelton Sea Foods Lyttelton Service Station Lyttelton Shuttle

	41 Voelas Road [West School]	03 328 8883	Paige
	18 Oxford Street	03 328 9053	Robir
	Private Address	03 328 8968	Belin
	56 London Street	0800 80 04 68	Trish
	PO Box 83, Lyttelton	03 328 7231	Chris
	Private Address	Private No.	Carly
	50 London Street	03 328 8314	
	Oxford Street	03 328 7002	Jen 0
	20 London Street	03 328 8784	Avail
	35 London Street	03 941 8999	Debb
	Private Address	03 328 8889	Rebe
	34 London Street	03 328 7350	
	18 London Street	03 328 7080	
	Private Address	03 328 8646	dana
	B Jetty, Lyttelton Wharf	03 328 9078	
	22 Sumner Road	03 325 5707	Gran
	2 London Street	03 328 8185	Parm
	39 Norwich Quay	03 328 7530	
	47 London Street	03 328 7517	
	14 Winchester Street	Private No.	Grae
	23 Dublin Street	03 328 8740	
	Lyttelton Farmers Market	Private No.	Jenny
	12 London Street	03 328 8544	
	Private Address	Private No.	Rebe
	20 London Street	03 328 7600	Wed
	Private Address	03 328 7217	Marc
	17a London Street	03 328 8085	Ross,
	West Side, No.7 Wharf	03 389 9259	Mike
	13 Exeter Street	03 328 8882	dan@
	34 London Street	03 328 8819	
	48 London Street	03 328 8088	Thurs
	34 London Street	03 328 7358	Open
	18 Oxford Street	03 328 8292	
	32 Voelas Road	03 328 7093	www
	34 Norwich Quay	03 328 9004	
b	16 Canterbury Street	03 328 9305	Peter
	65 London Street	03 328 9093	
	35 London Street	03 941 7923	
	18 Oxford Street	03 328 7309	
	18 Oxford Street	03 328 8111	
	25 Winchester Street	03 941 5656	
	26 Norwich Quay	03 328 7628	
	1 Canterbury Street	03 328 8749	
	Airport, Tours, Anywhere	Private No.	Linda

October 2012

33	Paige 021 999 848
53	Robin Kerr
58	Belinda Walker
4 68	Trish, Kelly, Donna
31	Chris 021 280 0086
	Carly 021 294 5676
14	
02	Jen 027 204 1224
34	Available 5.00 - 6.00pm
99	Debbie/Patricia
39	Rebecca 021 071 0336
50	
30	
46	dana@dandydesigns.co.nz
78	
07	Grant / Kathy
35	Parminder Singh
30	6
17	
	Graeme 027 473 5018
40	
	Jenny 022 476 8633
14	
	Rebecca 027 494 6349
00	Wed-Sun 10.00am - 4.00pm
17	Marcia 021 236 1682
35	Ross, Janet, Roger and Sandy
59	Mike Rossouw
32	dan@landarch.co.nz
19	
38	Thurs-Sun
58	Open 7 Days
92	
93	www.lyttelbeauty.co.nz
04	
)5	Peter Tocker 021 862 537
93	
23	
)9	
11	
56	
28	
19	
	Linda 021 254 4096

Linda 021 254 4986 .../ Continued

6 business directory support our local businesses

Ivttelton [continued]

October 2012

LYTTEITON [continued]			
Lyttelton 'Top' Club	23 Dublin Street	03 328 8740	
Mac Todd Solicitors	50 London Street	03 328 9992	Ray Blake 021 43 66 50
Min Sarginson Real Estate	53 London Street	03 328 7273	Min Sarginson 027 432 0327
Mondo Vino	42 Norwich Quay	03 328 7744	
PedalOn Bicycle Service	2 Exeter Street	03 328 9246	021 055 6865
Port Electric	Private Address	03 328 8099	Ken 021 117 6848
Port Hills Auto Centre	42a Norwich Quay	03 328 9980	
Porthole Bar	40 London Street	Private No.	Mike 021 328 977 [Tue-Sun]
Portico	48 London Street	03 328 8088	Tue-Sun 10am - 4pm
Professionals Real Estate	36 London Street	03 328 7707	Lynnette 021 224 6637
Project Lyttelton Office	54a Oxford Street	03 328 9243	Sue-Ellen
Pynenburg and Collins Architects	PO Box 80, Lyttelton	Private No.	Simon 021 163 7193
Ray White Real Estate	47 London Street	03 331 6757	Marie Daisy
Roots	Private Address	Private No.	Christy Guilio 021 120 8083
Rossouw Window Cleaning	Private Address	03 389 9259	Mike 0274 355 239
SAMO Coffee	3 Canterbury Street	Private No.	Open 7 Days
Sno Clothes and Milly May	8a London Street	03 328 8584	Heather
Special Branch NZ Arborist	Private Address	Private No.	Tim 022 091 9202
Storm Hairdressing	34 London Street	03 328 8859	Sally Kat
Thea Mickell Services Ltd Fundraising	Private Address	03 384 7547	Thea 027 607 7282
The Mindful Body	Private Address	03 328 9923	Janet 027 368 6515
The Rookery	Ross Terrace	03 328 8038	Angus Rene
Time to Resolve Mediation Service	Private Address	03 328 8219	Chantal 022 618 8532
View Hairdressing	Private Address	Private No.	Megan 027 488 5173
Volcano Radio	Private Address	03 328 8566	
World Organics Skincare	Private Address	03 328 7446	Nicki 027 423 9455
Diamond Harbour			
Bronwen Jones– Writing and PR Services	Rawhiti Street	03 329 4303	www.bronwen-jones.com
Chalfont Cafe D.Harbour Country Store	2 Waipapa Avenue	03 329 4854	Open 7 Days till 5.30pm
Diamond Harbour Ferry	Waipapa Avenue	03 328 9078	
Diamond Harbour Medical Centre	2a Waipapa Avenue	03 329 4402	
Orton Bradley Park	Marine Drive	03 329 4730	
Snowdrop Cottage Children's Store	Waipapa Avenue	03 329 4464	Open 7 Days 9.00am - 5.00pm
Shunyata Retreat Day Spa	10 Rawhiti Street	03 329 4773	Contact Paru
Thrive: Chiropractic, Acupuncture, Nutritio		03 329 3254	Mark and Lou Warren
For news, events, and what is open or clos			

Governors Bav

18 Bay Heights	03 329 9970	Neave Ross-Wallace			
52 Main Road	03 329 9433				
79 Main Road	03 329 9825				
Bamfords Road	03 329 9788				
For news, events, and what is open or closed in Governors Bay, visit: www.governorsbay.net.nz					
	52 Main Road 79 Main Road Bamfords Road	52 Main Road03 329 943379 Main Road03 329 9825Bamfords Road03 329 9788			

66 accommodation >>

places to stay around the harbour

October 2012

Lyttelton

- Dockside Apartments. Three private apartments enjoying harbour views, now open and available for casual holiday or short term occupancy. Scenic and so close to London Street, this is an ideal option for friends or family to stay. Options range from studio; one bedroom or two bedroom apartment. Tariff from \$90 - \$120 per night. Phone Grant or Kathy on 03 325 5707 or view more details online www.dockside.co.nz.
- No.1 Apartment. Warm two bedroom apartment with magnificent harbour views available for holiday or short term accommodation. Undercover parking. Tariff \$120 per night with minimum three night stay. Longer rates available on enquiry. Phone Linda 03 328 9128 or 021 254 4986.
- Randolph Apartment. Private two bedroom modern apartment with superb views across Lyttelton and inner harbour is now available for holiday or short term accommodation. Apartment features private spa, bar-b-que area, off street parking for one vehicle, and all the mod-cons including WIFI and MySky television. Tariff from \$120.00 per day, with minimum three night stay. Longer term rates available. Phone Heather 03 328 8585 or 03 328 8584.
- **The Rookery.** Built in 1866 The Rookery Bed and Breakfast is one of the oldest surviving local cottages, with wonderful panoramic views of the historic port town of Lyttelton, the main harbour, Quail Island, surrounding hills and volcanic cliffs. Three beautifully renovated rooms are available; one with ensuite facilities. Tariff from \$115 \$160 per night. Phone Angus or Rene Macpherson on 03 328 8038 or view more details on line www.therookery.co.nz.

Diamond Harbour

- Diamond Harbour Lodge is the perfect place to relax, enjoy and unwind. Offering harbour sea views, spacious rooms, TV/DVD, CD player, large selection of books, board games, free wireless internet, fridge, toaster, jug, microwave, sink, selection of tea, complimentary cookies, electric blankets, underfloor heating in bathroom, heated towel rail, linden leaves toiletries, towelling bath robes. Robyn and Pete Hedges 3 329 4005 or visit www.diamondharbour lodge.co.nz
- Manaaki Eco Farmstay Purau offers self contained ensuite accommodation. One or two bedrooms with spacious fully equipped kitchen/living in a beautiful rural setting overlooking Purau Bay. Holiday (min 2 nights) or longer term rates available. Contact Wendy ph 329 3202 or view us online www.ecofarmstaypurau.co.nz
- Mt Evans Bed and Breakfast offers accommodation in two self contained cottages. Quiet rural setting only 500m from the beach. For further information contact Pauline 03 329 4414 or visit www.mtevansbnb.co.nz
- The Old Exchange Bed and Breakfast right in the heart of the Village at 2 Waipapa Avenue. Two queen sized bedrooms with ensuite bathrooms, own private entrance, sea views and within walking distance of the Ferry. Contact Jill 03 329 4275 or 027 482 6014.
- Orton Bradley Park offer self contained camper van sites for overnight stays. Services include 15 powered sites; treated drinking water; toilet blocks and dump site, with the golf club and tennis court next door. Fees start from \$15.00 per night for two persons, with additional adults at \$6.00 per night. Contact 03 329 4730.

Governors Bay

- Governors Bay Bed and Breakfast offers a place to relax and rejuvenate on nine acres to bush side paradise beside the harbour. Enjoy breakfast on the deck while listening to the native bird song. Furnished room with ensuite bathroom and separate sitting area also available for short term rent for those seeking emergency accommodation. For more details contact Eva on 03 329 9727, or view on line www.gbbedandbreakfast.co.nz.
- Governors Bay Hotel has been restored to it's former glory and offers six guest rooms located on the first floor level. All rooms recently renovated with 32 inch flat screen televisions, queen size beds, free wifi broadband, heaters, electric blankets and vanities. Four of the rooms have direct verandah access through French doors opening out onto a balcony with wonderful views over the Lyttelton harbour. Contact the Governors Bay Hotel on 03 329 9433 or view more details on line: www.governorsbayhotel.co.nz.
- Living Springs offer an array of accommodation options from fully service private rooms, studios, twin rooms, shared bunkrooms to outdoor camping. Also available are some powered caravan sites. All rooms are clean, comfortable and well maintained for your relaxation. Contact Living Springs on 03 329 9788 or view more details on line: www.livingsprings.co.nz.

66 harbourvibe **99** what's on around the harbour this week

November 2012

Tuesday			•
School Merger Community Meeting	7.00pm	Lyttelton Main School	Schools Merging New School Development
		_,	
Wednesday			
Creativity Meet	10.00am	Lyttelton Library, London Street	Knit, Crochet or Bring Another Hand Craft
Community Garden	10.00am	The Portal, 54a Oxford Street	Shared lunch from 12.00pm
School Merger Community Meeting	7.00pm	Lyttelton West School	Schools Merging New School Development
Marlon Williams Live Music	8.00pm	Porthole Bar, London Street	Live Music Wednesday Free
01 Thursday			
Lyttelton Volunteer Fire Brigade	7.00pm	LPC Building, 56 Norwich Quay	Weekly training etc New members welcome
Contra Dance Night	7.30pm	Private Address, Cass Bay	Contact Bill 03 328 8985 \$5
Al Park Live Music Thursday	8.00pm	Porthole Bar, London Street	Live Music Thursday Free
02 Friday			
Senior Exercise Class	10.30am	Lyttelton Main School Hall	All welcome. \$5.00 per session
03 Saturday			
Purau Farmers Market	9.00am	Diamond Harbour Village	Fresh produce direct to you
Lyttelton Farmers Market	10.00am	Lyttelton Main School	Fresh produce direct to you
Lyttelton Garage Sale	10.00am	The Portal, 54a Oxford Street	Second Hand Bargains and More
Grassy Market	10.00am	The Grassy, Oxford Street	Art, Craft and Bric-a-Brac
Plenty to Share	10.00am	Cnr London and Canterbury	Bring, Exchange and Share Food
Cecily at Milly May	10.00am	8a London Street	Courtyard Full of Christmas and Gift Goodies
Festival of Walking Begins	Various	Details at LH Information Centre	Interesting Walks and Topics for All
Lyttelton Lions Sausage Sizzle	10.30am	Cnr London and Canterbury	Music, Poets and a Festive Environment for All
04 Sunday			
Combined Church Service	10.00am	St Josephs Parish Centre	21 Exeter Street All welcome
Festival of Walking	Various	Details at LH Information Centre	Interesting Walks and Topics for All
Live Jazz Sundays	3.00pm	Freemans, London Street	Carmel Courtney Live Free
Tatarakihi—Children of Parihaka	8.00pm	Lyttelton Main School	Highly Acclaimed Documentary Film Open 7pm
Cross Dressing Sunday Sundae Beats	8.30pm	Wunderbar, London Street	Pop on a Frock Visit Ms Candy Applebottom
05 Monday			
Public Parihaka Memorial Service	10.00am	Lyttelton Rose Gardens	All Welcome to Attend
Community Garden	5.30pm	The Portal, 54a Oxford Street	Make new friends, enjoy the fresh air
LIFT Library - Film Evening	7.15pm	The Portal, 54a Oxford Street	Thought Provoking Film Series
06 Tuesday			
06 Tuesday Community House Shared Lunch	12.00pm	Comm.House, 7 Dublin Street	Make new friends
Lyttelton St John Youth Division	6.00pm	St John Ambulance Station	52 London St. Lyttelton
	0.0000		

Lyttelton Review is proudly sponsored by:



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